

Keepin' Posted

NUMBER 2

JANUARY 2006

'Tis a
 season
 to think of
 gifts* what are
 you going to give
 to our dance activity*
 volunteering is a gift we all
 can give* batteries do not have to
 be included as most volunteers
 are self-starters and the gift may last
 for many years* will you prepare
 for or accept a leadership position in
 your local, state or national organization*
 will you work on a special dance or festival
 to secure door prizes, arranging refreshments,
 decorating, or help with set up or clean up on any of
 the many other needed jobs* how about making
 flyers or writing local newspaper releases or other
 publications- perhaps recruiting, or an angel, driving
 others to a dance at night* give yourself a gift by becoming a
 volunteer* but if your work and other considerations prevent
 you from becoming involved in a time-consuming task
 you can give a smile or yellow rock to others* you may be
 surprised at how many you receive in return* you can give a "thanks"
 and applause to the caller, cuer & your club officers* you can give a kind
 word and a gentle helping hand and encouragement to the new dancers*
 they'll remember your kindness long after the dance is over* it is in this
 spirit of giving that the CFA wishes each and every member of our great
 square
 dancing
 family
 a very
 HAPPY
 HOLIDAY
 SEASON

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KEEPIN' POSTED is published quarterly for members of the Central Florida Square and Round Dancers' Association, Inc. and distributed to members free of charge as part of their membership. Association news, club news, articles, comments and items of interest are published without charge. Advertising directly related to dance activity will be accepted subject to rules of good taste. Properly sized flyers and folders about dance activities will be inserted for a nominal fee. The editor reserves the right to edit, condense or rewrite any submission. Opinions expressed are not necessarily those of the Central Florida Association or its Editorial Staff.

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CFA Web Page:

www.geocities.com/cenfldancer/

GFA Membership Application

Name **His** **Hers**

Address **Phone**

Zip

Home Club **Date**

Amount: \$ _____ **Dues: Each New Member** **\$ 8.00**
Each Renewal: **\$ 4.00**

Mail to: Dewey & Donna Hendricks
CFA Treasurer
1949 Snook Drive

Presidents Message

We hope all of you had a great holiday season and that you are starting off the New Year with good health.

December was a very active month of sharing. Most clubs did something to help organizations in their area make Christmas a better time for people in need. We are really proud to be a part of such a wonderful group. Two clubs, the Barefoot Spinners and Twirlers, held their 33rd Annual Toys for Tots dance. All the toys were a beautiful sight to see, I'm sure many kids were happy Christmas morning.

Many people asked about the State Convention hotel. We are sorry to report there will not be a special CFA hotel this year. None of Lakeland hotels/motels were willing to work with us. Sooo if you don't have a reservation yet, pick up a convention application and call one of the hotels on the back of it. You need to do it as soon as possible.

The Shamrock Swing will be here before you know it, March 10th & 11th. Got your ribbons??? Hotel reservations??? If you need information or ribbons you can call us at (321) 452-3941 or write Jack & Barbara Hoffman 550 Captains Row, Merritt Island, FL 32952. We are looking forward to a great dance this year with Tony O., Whit, Carol, and Jimmy. Hope to see you there.

As most of you know, the CFA Board cancelled the 5th Saturday Dance for January. Our next one happens April 29th. Put it on you new calendars now while it is fresh in your mind. It will be held at the Masonic Hall in Leesburg with the Sunshine Promenaders hosting it. Don and Loretta Hanhurst will be our caller and cuer.

It is good to have Dale McClary back calling after his accident. Our thoughts and prayers are with John and Linda Saunders as John recovers from surgery.

Jack & Barbara Hoffman



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Dan & Anna Foust

**"Good friends are like stars.....you don't
always see them but you always know
they are there."**

Author unknown

**CENTRAL FLORIDA SQUARE & ROUND
DANCERS ASSOCIATION
BOARD MEETING
Randy & Carol Poole's Home, Deland
October 9, 2005 Minutes**

CALL TO ORDER - Presidents Jack & Barbara Hoffman called the meeting to order at 3:04 PM. Judy Frye gave the Invocation, which was followed by the Pledge of Allegiance. Presidents Jack & Barbara Hoffman welcomed everyone. Roland and Linda Morin, new Reps from West Volusia area, were introduced to their first meeting.

ROLL CALL by Ailene Picheco

SECRETARY'S REPORT - Bruce Morgan *made a motion to accept the minutes of the April 10, 2005 Board Meeting and the July 30, 2005 General Membership meeting – Jim McConnaha seconded.* Motion passed.

TREASURERS REPORT Donna Hendricks distributed the treasurer's report to all members present. Report filed for audit.

CORRESPONDENCE - There was no correspondence.

AREA REPORTS

Area Vice President - Bruce & Colleen Morgan reported. Club flyers should have complete addresses and dance times. Street numbers are important for anyone looking for directions on the computer or using navigation systems for directions to dances. These complete addresses should also be listed in Bow & Swing, American Squaredance, and Keepin' Posted. Barbara Hoffman pointed out that it is important to let her know when

the clubs change presidents because she and Jack need to get in touch with the clubs often and must know who to contact.

Brevard/Indian River - Woody & Marylou Coyle not available. Area dancers reported. Canaveral Squares had an accelerated mainstream class in August and plan a Plus class in November. The Space Trackers have a class started. Their Fall Fling, with Tim Marriner, is this Saturday in Cocoa. They are also looking for a place to dance as the Agricultural Center is going to raise the rent after November 19th. There is no news on the Allemanders class which started the beginning of October. They are back dancing three Saturdays a month. The Palm Bay Promenaders are unable to have a class this year with Dale McClary still unable to call following his motorcycle accident. They have guest callers scheduled thru the end of the year. The Barefoot Bay Spinners have started dancing again on Monday nights with Steve Ekin calling and Vera Smith cueing. Bev Landwehr is again organizing a New Year's dance in Satellite Beach with Dale McClary. Hopefully he will be able to get out to call by then.

South Lake & West Orange - Vacancy. No Report.

North Lake & Sumter - Bob & Jennie Courter sent a report. Things are going strong in our area! Orange Blossom Squares has three classes and will graduate 15 couples Oct. 4th. New officers take office October 1st. Orange Blossom Squares dance every Sunday from 7 to 9:30 p.m. We visited Whirl & Twirl on Friday September 23rd to retrieve our banner with 15 couples. Sunshine Promenaders dance every Friday in Leesburg with Paul Place calling and Joanne Helton cueing. They raided Orange Blossom Squares on September 18th with 3 squares. Prestige 55 was also there with 4 + squares. In October, Bob Stern will be doing an A-1 class at Dancing Shadows. Don Hanhurst will be doing a DBD class in Ocala. Jennie and I will be chairing The West Coast Fall Fun Fest on November 11 & 12 at the Lakeland Center. We would like to have all our friends in CFA come out and support us. Jerry Biggerstaff will be our National caller, with local caller Sam Dunn and Loretta & Don Hanhurst will cue. Please wear Red, White & Blue on Friday evening in honor of our veterans.

Marion - Vacancy. No report.

East Orange & Seminole - Ian & Sandy Ogilvie reported. We did not visit Orlando Singles. Their club continues under the guidance of club president Virginia Barnes, caller Whit Brown and cuer Phyllis Williams. They have about 4 squares at the dances, participated in a couple of raids to other clubs, and are hoping for numbers to increase with the return of vacationers and Snowbirds. A new beginner class was scheduled to start on October 2nd, but we have not yet heard back on the results of the first night. Casselberry Hoedowners have been in full operation during the summer months with Club Colors and Pizza dances featured in August. Dick and Darleen Nordine have been cueing rounds. Their square dance program appears to be building with their 'Introduction to Square Dancing' (Sept. 18th & 25th). The first class was Oct. 2nd, twenty-six people are enrolled. The Hoedowners continue to meet in the Seniors Center at 200 N. Triplet Drive, on Sunday afternoons. The 2005 club president is Elea-nore Weston, and caller is Gene McCullough. Whirl and Twirl was active throughout the summer and was pleased when several couples from the last beginner class joined the club, regularly participating in the Wednesday program. Pete and Jan Shankle's popular round dance class enjoys 6 to 10 couples. Their fall general meeting was held on Italian night on September 9th. Their fall program included a Bingo night October 1st, and a garage sale on Oct. 28th & 29th. The Larry Letson will call Oct. 10th. The club's beginner class program will kick off with "Shindig" on October 18th.

Osceola - Howard & Thelma Bitler. No written report. The Wagon Wheels do not dance on Friday. Not many dance on Wednesday. Paul Place is calling at the present time while Dale is out. Don't know how long the clubs will keep going.

East Volusia - Kenly & Alice Spilman reported. The Granada Squares lost their treasurer due to health problems. Kenly & Alice Spilman have taken over as Treasurers. After a fair summer, a few snowbirds are arriving. Granada has also lost cuer, Gretchen Flynn, for health reasons. A very small class is in session. Admission is \$7.00 per couple (Members) and \$8.00 per couple (Guests). The Dixie Squares struggled with attendance all

summer. They still use Guest callers. Their admission is now \$5.00 per person for all. Club members will get the 5th Thursday dance FREE, and also other incentives. We have had successful food drives and teddy bear dances. We have new banner chairpersons; Mary Lynn and Delores. We will have a New Year's Eve dance \$25.00 couple. John Saunders calling, Irene Knapp cueing. Both clubs were saddened by the loss of Charlotte Rivell who passed away after a brief illness. Flagler Ocean Waves seem to be moving right along. They seem to have a decent class. The Spindrifters are a caller-run club and they dance Wednesday in New Smyrna Beach from 7:30 - 9:30. The Strato Squares are inactive at this time. John Saunders is teaching a class in Daytona Beach Shores on Friday nights.

West Volusia - Roland & Linda Morin reported. Honeybees resumed regular Monday night dance schedule. Their new caller is Rick Yates. After their fun nights this past month, I am told they have a class of eleven students. Banner raids are starting with the Starlight Promenaders on Oct 17. Looking forward to a great year. The Starlight Promenaders are back in full swing. The past few months they've had increased attendance. Their latest benefit dance on Sep. 14th for the Domestic Abuse Council. Their representative who was at the dance was overwhelmed by the kindness and generosity of the dancers - a great turn out of dancers from Whirl & Twirl, the Orlando Singles, other guests, one all the way from Texas gave us over ten squares. The event was a great success raising cash and supplies to help those in the community. With 2 fun nights planned and several demonstrations in the works, hopes are high for a good class this year. Club caller, Whit Brown features DBD workshops the half hour before each dance.

Upcoming events are: Oct 26th Halloween Party extraordinaire, November 16th Pie Night, and in Dec 7th Pearl Harbor Day and Dec 21st our Christmas dinner.

MEMBERSHIP - Terri Little sent a report.

Active Individual 2005 memberships as of 10/09/05: 304

(41 New Members; 263 Renewals)

Active Individual 2006 memberships as of 10/09/05: 67

(2 New Members; 65 Renewals)

It's that time of the year again...time to renew those CFA memberships. Each Area Representative has an updated list of dancers in their area, their club, and their status. The report should assist the Reps to canvas memberships at the clubs in their area during their visits. Membership Applications are available from Presidents. Encourage new members as well as renewals.

George Knapp made a *motion to give enough bars to the area Reps for all renewals*. Randy Poole *seconded* – motion passed.

BLOOD BANK - Jim & Jan McConnaha reported. The CFA Blood Bank Account Number 54 continues in good health. Our balance is 819 units almost 150 units above last year. Eight members continue to donate monthly. Our members seem to be more healthy as well. We can always use more donors. If you know anyone, CFA Member or not, that is giving or will give blood, please ask them to tell the blood bank to credit their donation to Account # 54. If you have any questions or need to make a withdrawal, contact the CFA Blood Bank Vice President, Jim & Jan McConnaha at Phone: (321) 636-6841. Jim will check with the blood bank in Orlando to see if we can donate extra units that are not being used.

INSURANCE - Randy & Carol Poole reported. 22 clubs insured for 2005 with 1369 members enrolled. Four accident reports have been received this year – 1 claim filed. Please encourage your club to renew as soon as possible.

The 2006 insurance packets will mail tomorrow. The 2006 fee is \$4.10 (twenty cents more than 2005) but remains at \$45.00 for the smaller clubs. All clubs 2005 insured clubs will receive a renewal packet containing: an introduction, a policy synopsis, additional information, the USDA Code of Conduct, a list of the forms and what each is for, a blank enrollment form, a page explaining additional insured and group travel, and blank request forms for a special dance, notification of an event, club sponsored class, additional enrollment, an inspection of premises, a blank accident form, and a tri-fold brochure.

Our insurance program requires a "chain of command". CFA clubs must forward all their enrollments, requests, accident reports and claims to us (Randy & Carol Poole). We check for completeness, legibility and errors before sending them to the Florida Federation Insurance Chairman, Bruce & Colleen Morgan. They receive paperwork from other 4 associations plus the Singles and Cloggers. The Morgans verify the data, sign where necessary and send it to the USDA Insurance Chairman. She is the only one authorized to deal with the insurance company. All the State Insurance Chairmen swamp her at renewal time - what an understatement. She is a square dancer and a volunteer just like us. Paperwork mailed directly to her or to the insurance company only slows the process because they mail it back to Bruce and Bruce mails it to us. The United Square Dancers of America have been offering the clubs insurance for twenty years. I'm not sure where square dancing would be if the insurance company decided to drop the dancers and another company couldn't be found.

KEEPIN' POSTED - Tom & Eivor Brown reported. Another quarter has gone. We saw club participation plummet this last issue. Hopefully, due to the summer snowbird absences. Thank Bill Boyd, he caught a major error on the inside cover that we missed. So we got a reprieve which gave us the opportunity to insert an extra page for the Shamrock Swing and comments on the where to dance list. Each of you are our eyes and ears for your clubs to send in notes and news. No club news is BAD publicity. Even if it is a copy of electronic news, get it to us and we'll print it. Many dancers do not have computers and they don't use email.

Thank you each and everyone for your assistance over the past year. The words mean a lot.

HISTORIAN - Judy Frye no report.

FLORIDA FEDERATION - Randy & Carol Poole reported. The Florida Federation will hold its annual meeting at the Boynton Beach Civic Center, Nov. 6, at 9:00 a.m. Election and instal-

lation of officers will be held at this time. All dancers are invited to attend. A dance will be held Saturday night at the Civic Center. Reservations may be made at Holiday Inn – Catalina, 1-866-733-8554 (toll free) before Oct. 14, 2005. Please mention the Florida Federation for the special rate of \$84.00 per night. Make a note that the State Convention dance fees raise two dollars per person Nov. 1. Mention this at every dance you attend. Remind the dancers refunds will be cheerfully made until the doors open at 4:00 p.m., May 26, 2006. Per the revised amendment Jack Hoffman read a list of the delegates for the Florida Federation. Current President of the CFA, Jack & Barbara Hoffman; Bruce & Colleen Morgan; Jim & Jan McConnaha; Judy Frye & Ailene Picheco. Alternates: Ian & Sandy Ogilvie & Terri Little

OLD BUSINESS

Shamrock Swing Fundraising - The motion that was tabled at the July 30, 2005 meeting was brought forward to be voted on. Bruce Morgan had made a *motion that there will be no fundraising for the Shamrock Swing dances*. It had been *seconded* by Jack Taylor. A vote was taken at this meeting and the motion was defeated. Fundraising will be coordinated between the Convention Chairman and each year's chairman of the Shamrock Swing.

Shamrock Swing 2006 - Jim & Jan McConnaha Reported. Plans for the 2006 Shamrock Swing are well underway. The staff is pretty well completed, the hall, same as last year, is under contract, as are Callers, Tony Oxendine and Whit Brown and cuers, Jimmy and Carol Griffin. We had a setback when the original hotel closed down, but Randy got right on it and contacted another hotel that is shaping up to be as good or better than the original. New flyers are here for distribution to all clubs. Check clubs for old flyers and destroy them. Now, the next thing is for all of us to get out and promote the event. Please make every effort to visit all of the clubs you can, pass out the revised flyers and sell ribbons. In the next months you will be seeing us all over Florida promoting this major CFA event. Turn in all money

for ribbons to the Shamrock Swing Registration Chairman, Jack & Barbara Hoffman.

Shamrock Swing 2007 - Bruce & Colleen Morgan. No written report. Tim Marriner has verbally agreed to call. I have talked to Jimmy & Carol Griffin. We may not have 2 callers.

55th Florida State Convention 2009 - Randy & Carol Poole. No report.

Internet Maps - Bruce Morgan reported. I will be reporting to the Federation with the proposal for internet maps.

Club Map Books - Jack & Barbara Hoffman reported. We have purchased folders. We need to print the maps and make copies. We hope to have them completed before the next 5th Saturday dance.

NEW BUSINESS

Hurricane Katrina - The Florida Federation asked the five associations to donate \$200.00 each for the Square Dancers who are in need after Hurricane Katrina. Randy Poole made a *motion to give \$200.00 from the disaster fund to the Florida Federation of Square Dancers for Hurricane Katrina Relief*. Shirley Knapp seconded. Motion passed. Colleen Morgan made a *motion that the Central Florida Association donate \$200.00 from the Disaster Fund to the Grand Square, Inc. Katrina Relief Fund*. Jan McConnaha seconded. Motion passed.

2006 State Convention Hotel - Randy Poole reported. There is no change in the status of the hotel.

5th Saturday Dance, April 29th, 2006 - Will check with the Apopka Pirates to see if their hall will be available.

Other New Business

Cost of CFA Bars - The cost of printing the CFA bars has gone up and we will lose money if we continue with memberships at

the same cost. Kenly Spilman made a motion to raise the membership fees to \$5.00 per person for renewals and \$10.00 per person for new members effective with the 2007 memberships in October 2006. Roland Morin seconded. Motion passed.

Sunshine Festival - The Convention Coordinating Committee reported that this will be the last Sunshine Festival coming up on the first weekend in February 2006. The organizers have asked for the committee to canvas the dancers of Florida and get their opinion to see if they want to move the date of the State Convention from Memorial Weekend to late January or early February as the next four years have been penciled in already for the Sunshine Festival. If the convention is not moved, the Grand Square, Inc will probably continue to have the Sunshine Festival or a dance by another name. Please poll all your clubs to get an opinion from the dancers and let the Convention Coordinating Committee know before the middle of January 2006.

Our next meeting The next meeting will be held at Bruce & Colleen Morgan's home in Altamonte Springs. January 15th, 2006 at 3:00 p.m. followed by a potluck dinner for those who would like to stay and visit.

ADJOURN Shirley Knapp *moved the meeting be adjourned.*
Seconded by Jim McConnaha. Motion passed. Meeting ad-

Shamrock Swing

Have you bought your tickets yet for the Shamrock Swing? Only two months remain before the Central Florida Association host's our 6th Annual Shamrock Swing. You'll want to be there as we kick off dancing Friday evening with early rounds at 7:30. Jimmy and Carol Griffin will cue rounds both Friday evening and Saturday day and night. Callers for this weekend event are Tony Oxendine and Whit Brown and we will square up at 8:00 P.M.

When and where is this grand event, you ask? March 10 and 11, 2006, at the same place as last year: First Presbyterian

Church of Maitland, 341 N. Orlando Ave., Maitland, FL. Our chairman, Jim and Jan McConnaha, says we'll have workshops for both squares and rounds on Saturday afternoon. The price of admission is \$13 per person advance purchase; \$16 per person at the door. Admission for Friday or Saturday EVENING ONLY is \$9.00 per person. Price for all day Saturday is \$11 per person. For advance ribbons (\$13.00) make your check payable to CFA Shamrock Swing and mail to: Jack & Barbara Hoffman, 550 Captains Row, Merritt Island, FL 32952. Jack and Barbara's phone number is 321-452-3941.

Now our host hotel has changed this year. For those of you wanting to stay over we will be at the La Quinta Inn, 626 Lee Road, Orlando, 407-645-5600. I've been assured by the McConnahas that we'll have a grand after party at the hotel on Saturday evening. Make your reservations right away and identify yourself as a square dancer, use code CFA. Room price is \$71.36 per night, tax included, and includes two free full breakfasts at the Holiday House Restaurant in the hotel lobby.

Don't delay. For more information, contact Jim and Jan McConnaha, 321-636-6841.

A New Way
For
An Old Crime

Lieutenant Tony Bartolome
Bureau of Investigations
Florida Highway Patrol
P.O. Box 593527
Orlando, FL 32859

You walk across the parking lot, unlock your car, and get inside. Then you start the engine and shift into reverse, and you look into the rearview mirror to back out of your parking space and you notice a piece of paper stuck to the middle of the rear window. So, you shift into park, unlock your doors and jump out of your car to remove that

paper (or whatever it is) that is obstructing your view. When you reach the back of your car, that is when the car-jacker appears out of nowhere, jumps into your car and takes off! Your engine is running and they practically mow you down as they speed off in your car. And guess what ladies? I bet your purse is still in the car... Just drive away and remove the paper that is stuck to your window later, and be thankful that you read this email.

I hope you will forward this to friends and family... especially to women!

A purse contains all of your identification, and you certainly do NOT want someone getting your home address. They already HAVE your keys!

Breast Cancer Hospitalization Bill

Sandy Oakes of Kissimmee sent this article to us. It is an important issue for all women, and men, since it affects your woman, it affect you as well.

“Important legislation for all women.

Please send this to everyone in your address book. If there was ever a time when our voices and choices should be heard, this is one of those times. If you are receiving this it's because I think you will take the 30 seconds to go and vote on this issue and send it on to others you know who will do the same.

There's a bill called the Breast Cancer Patient Protection Act which will require insurance companies to cover a minimum 48-hour hospital stay for patients undergoing a

mastectomy. It's about eliminating the "drive-through mastectomy" where women are forced to go home hours after surgery against the wishes of their doctor, still groggy from anesthesia and sometimes with drainage tubes still attached.

Lifetime Television has put this bill on their web page with a petition drive to show your support. Last year over half the House signed on.

PLEASE!! Sign the petition by clicking on the web site below. You need not give more than your name and zip code number. http://www.lifetime.com/health/breast_mastectomy_pledge.html This takes about 2 seconds. PLEASE PASS THIS ON to your friends and fam-

2006 State Convention

Follow the Trail to Lakeland



Follow the trail to Lakeland - May 26, 27 & 28, 2006 ! Hurry, Hurry, Hurry! Hop on board and follow the trail to Lakeland. Fashion Show Chairmen, Ken & Sue Brown of the West Coast Association, are working hard to bring you a fabulous fashion show that has taken a lot of planning. It's a must see event! Watch this space later for some secret information that might be leaked out later!!

If the fashion show were not enough to keep them busy, they, Ken & Sue, also chair the Sewing Room with sewing and craft demonstrations and prizes galore! There will be drawings for 10 outfits (size 6 to 20); they begin Friday evening at 8:00 and end Sunday at 2:00 p.m. Ladies, plan to attend the demonstrations that show how to dress up simple outfits - embellishments that are easy and fun to do! And men are not left out either! Come and get some ideas on decorating bird houses for your backyard!

The wagons will be surrounding the campsite on May 26, so

Square Dance "HOW TO" ANIMATED WEB SITES

Carol Auman of the Allemanders sent us this note she received from Tony O. Thought maybe some of you would be interested in the sites of square dance moves that Tony sent to me. They are pretty cute and would be good for review and people learning to dance. I liked the first site best. Clever couples showing each move, basic thru plus. Done by a Japanese fellow, and they move fast. Take care and see you soon. Carol

Tony Oxendine <tony@tonyoxendine.com> wrote:

Hi Carole,

Here's a couple of sites for you:

<http://www.remus.dti.ne.jp/~jsda/sdtext/basicpro-eng.html>

<http://www.ynette.og/sd/>

Nice talking with you,

Tony

SSDUSAGram

Happy 1st Year Anniversary - yes the SSDUSAGram has been going now for 1 year - can you believe it! In our first newsletter of September, 2004, we had 15 events from 13 states. In our August, 2005 edition, we had 147 events from 25 states and 3 countries!!!

SSDUSAGram, Single Square Dancers USA's monthly electronic newsletter has one mission -- to get information about single friendly events all over the country out to the single dance world - literally!

Some housekeeping information for listings -- once you have sent me the information for an event, you don't need to resend it again. I take it off when the event has passed. Just check to make sure the data is correct - mistakes happen. E-mail me your information before the 10th of the month before the month you want it

published, and it will make our next SSDUSAgam. We publish around the 10th of each month. When you send me information, send: state, date, name of hall, address, city, state, time, caller(s), cuer(s), club sponsoring, website, cost, contact info, name of contact, phone number & E-mail address. Include any information that describes your event specifically.

If you are having trouble receiving this SSDUSAgam in this format, please let me know, and I can send it to you as a Word doc attachment.

DANCE-A-RAMA, 2006 Rochester, NY. Labor Day Weekend: August 31 - September 3, 2006. e listing below.

SSDUSA web site -- <http://ssdusa.org> for more information about.

YELLOWROCK - is here and ready for you to order for only \$5 + \$1 for shipping and handling. You can get a copy from your regional area director, a SSDUSA board member or from Larada Horner!

•• ROOMMATE LOCATOR -- As always, our SSDUSA roommate locator is willing to help find roommates for any dance. Please contact Laurie Steward at Lkstewa@hotmail.com or 507-685-4476 with your name, phone number, E-mail, gender, and dance that your are trying to find a roommate for. If there are others looking for a roommate for that same dance she can ad-

Recognizing a Stroke

You may already know this, but a reminder can't hurt! I received this from a friend..... just after I returned from a funeral. It only takes a minute to read.

Recognizing a Stroke ----- A Neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed and getting to the patient within 3 hours which is tough.

Sometimes symptoms of a stroke are difficult to identify, and the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

1. *Ask the individual to SMILE.
2. *Ask him (or her) to RAISE BOTH ARMS.
3. *Ask the person to SPEAK A SIMPLE SENTENCE (Coherently) (i.e. . . It is sunny out today)

If he (or she) has trouble with any of these tasks, call 9-1-1 immediately and describe the symptoms to the dispatcher.

Widespread use of this test could result in prompt diagnosis and treatment of the stroke and prevent brain damage.

A cardiologist says if everyone who gets this e-mail sends it to 10 people; you can bet that at least one life will be saved.

BE A FRIEND AND SHARE THIS ARTICLE WITH AS MANY FRIENDS AS POSSIBLE, you could save their lives.

Editor Note: Bev Landwehr forwarded this e-mail to us. It works. I remember. After having a TIA last fall and again this past Spring, I can assure you that the test works. The test showed that I was not having a stroke and that was later confirmed by the MRI; it was brain damage from an old injury. So you see; I

CLUB NEWS

Space Trackers

We had a really fun Halloween Dance with 11 dancers in costume. We had the Staff Sgt and Jeannie, Zorro, the Aliens, Minnie Mouse, the "old" woman in her bunny slippers, a ghost

and a Crayon and the flapper with the fire dancer. The winners were Paul Taylor as the fire dancer, Peggy Karpinski as a flapper and Ailene Picheco in her bunny slippers. Thanks to all of you who made it a fun night. Especially to Bill Chesnut dressed as John Swindle who called for us that night. That was really strange! HaHa

We are so proud of our Banner Bandits. We had 23 raider at the Promenaders. Way to go!!! Also, many of our raiders were awarded with milestone gems: Clair Maheu-10 raids, Rosalie Turner-65 raids, Liz Steinbaugh-70 raids, Bill Price-90 raids and Ailene Picheco-95 raids. What a bunch of bandits! The Fall Fling was a huge success and we hope you enjoyed dancing with Tim Marriner, Carol & Jimmy Griffin. We want to thank all the volunteers who helped make this event so enjoyable and especially Shirley and Giff Crippen for heading it up; 42 Space Trackers attended.

We had a wonderful Thanksgiving in our old digs and are thankful for our fellow dancers and friends. By the time you read this, December, Christmas and all the holidays have come and gone and we hope everyone had a wonderful time. With the New Year upon us, we wish everyone the best that 2006 can bring. Celebrate and enjoy life.

Darrell Figg will call for us January 14 for our Fiesta Night - we will wear Mexican sombreros, mantillas, serapes and whatever your imagination comes up with. I hear we're having burritos! January 21 will be our class dance night. The class is progressing so well that they will be dancing with the club. Way to go, Class!!

Happy Dancing

Dick & Jean Lee



Hoedowners

Hoedowners "Pairs & Spares", Casselberry - 2006 Officers are: President - Eleanore Weston, Vice President - Martha Fallucca, Secretary - Sylvia Muller, Treasurer - Eileen Charest, Hostess - Ruth Adams and Mary Ocheltree, Publicity - Norma Newton, Greeters - Bob Keller and Judy Myers, Raids - Virginia Barnes. Most 2005 Board Member agreed to continue in 2006. Ruth Adams is a first-time member of the Board. The Board did a tremendous job last year and will continue to need the support of the membership. Caller Gene (and Marty) McCullough have said how much they appreciate the Board's support and planning of special dances and events.

On November 27th, the Whirl & Twirl Square Dance Club raided with 35 members; Eleanore and Willard Weston led the raiders' march in honor of going on 200 raids with the Blue Bandits - "congratulations"! Eleanore Weston and Eileen Charest are planning a wonderful Christmas Buffet and Dance to be held on Sunday, December 18th. This is an annual event and Eleanore and Eileen will have surprises galore! Door prizes for everyone! The club will furnish the food and members and class members will bring desserts.

We will be dancing on New Year's Day at the Casselberry Senior Center from 1:30 - 4 p.m. Everyone welcome! We wish you peace and happiness in the New Year!

Norma Newton

Hitch-N-Go

January 27-28, 2006 Campout -- 31ST Anniversary
Start planning for the Auction, White Elephant and Bake Sale. Bring lots of items and money, too!!! No recycle sale this year. If you have items you wish to sell, you may set up your own table. Citrus Valley Campground, Clermont, Florida 352-394-4051. On US 27, about 14 miles south of SR 50 and about 1 mile north of SR 192. Campground is on east side of US 27.

Hosts: Current Board

Friday: Dinner on your own, 8:00 pm dance and After Party

Saturday:

9:00 - White Elephant Sale 10:00 - Auction and Bake Sale

5:00 - Dinner - provided by the board - please bring your own place settings.

7:15 p.m. - Early Rounds

7:45 p.m. - Installation of new officers

8:00 p.m. - Dance - Wine and Cheese After Party - please bring for everyone to share - a side table will be set up for everyone to help themselves.

Sunday:

8:00 am.- Pancake Breakfast

February 24-25, 2006 Campout. Clerbrook RV Resort, Clermont, Florida 352-394-5513. On US 27, about 7 ½ miles north of SR 50 and about 1 ½ miles south of SR 19. Campground is on west side of US 27.

Hosts: Ron & Sue Reardon and Tom & Jeanne Hartwig

Friday: Dinner on your own, 8:00 pm dance and After Party

Saturday: 5:00 p.m. - Dinner- Soup or Stew Night - ask Sue or Jeanne for signup sheet at Jan. campout. (soup, stew,

crackers, bread or deserts), 7:30 p.m. - Early Rounds, 8:00 p.m. - Dance , After Party

Sunday: Pancake Breakfast @ 8:00 a.m.

March 2006 Campout, March 24-25, 2006 , Clerbrook RV Resort, Clermont, Florida 352-394-5513. On US 27, about 7 ½ miles north of SR 50 and about 1 ½ miles south of SR 19. Campground is on west side of US 27.

Hosts: Jim & Laureen Kelly and Dale & Bobbie Collins

Friday: Dinner on your own, 8:00 pm dance and After Party

Saturday:

5:00 p.m. - Dinner - Pot Luck; 7:30 p.m. - Early Rounds

8:00 p.m. - Dance; After Party

Sunday:

Continental Breakfast @ 8:00 a.m.



55th National Square Dance Convention®
 San Antonio, Texas
 Saturday, June 24, 2006
 Lila Cockrell Theater
 1:00 p.m.



For your Entertainment *Pleasure...*

We'll "Tickle Your Fancy", at

*The Best Little
 Square Dance House
 In Texas*

**FASHION
 SHOW**



Based on the Legend of

"The Chicken Ranch"

La Grange, Texas



Clermont Squares

We always get off to a slow start in October but so far we've had a lot of fun and quite a few visitors. November brought Royal Squares and Orange Blossom Squares. A few of us went to Whirl & Twirl on a Wednesday night to retrieve our banner. That's the night of their mainstream dance and dancing to Danny Robinson kept us on our toes. You just can't visit Whirl & Twirl without having a great time. November 8 was our anniversary dance but we were a little slow getting plans made so we didn't have anything different that night. Shame on us! Our Thanksgiving dance on the 22nd was pie night. Some of our snowbirds are drifting back and we're sure happy to see them. We're dancing more mainstream on Tuesday nights now so that any recent class graduates can come dance with us. If you're reading this and mainstream is your thing, we're the dance for you. We still have our plus tips, so if that's your thing, you won't miss out at Clermont Squares! Come join us. We'll look for you in our square.

Royal Squares

We began our season with Paul Place calling and Joanne Helton cueing on October 10. New Officers are: Pres. Buff & Joan Bruder; V Pres. Bob & Ruby Ingram; Treasurer Dan & Sylvia Barto; and, Secretary Joy & Henry Wytryszczewski. We dance 2nd and 4th Mondays, Early Rounds at 7:00 pm and Squares from 7:30 till 9:30. Paul Place will have lessons in the Royal Highlands Great Hall Tuesdays from 1 till 3 pm; plus will immediately follow from 3:00 till 5:00 pm. We welcome all our friends to come and join us for fun and fellowship with our club.

Bruce Ferris

**A true friend is someone
who reaches for your hand
and touches your Heart.**

Author Unknown



55th National Square Dance Convention®

San Antonio, Texas
June 21-24, 2006

"Circle Eight in the Lone Star State"
News Release

Press Release

For the latest information about the 55th National Square Dance Convention®, visit the Convention Website at:
www.55thnsdc.org

National Squares
Going to the 55th National Square Dance Convention® in San Antonio, June 21-24, 2006? Subscribe to National Squares Magazine for \$7.00/year and receive all the detailed information. Subscription form available on the Convention Website at: www.55thnsdc.org (click on National Squares). Send payment to: National Squares, 532 Walnut Point Drive, Matthews, NC 28105-1558

Caribbean Gala Square Dance Post Convention Cruise

Be sure to check out the 55th NSDC website for information on the post convention cruise aboard the Royal Caribbean. The seven day, six night cruise will be one to remember. The original cruise has been changed to include Montego Bay, Jamaica instead of Key West, FL. Be sure to check it out! For information go to www.55thnsdc.org, click on Convention Tours.

What Can I Expect at the 55th National Square Dance Convention®

Wednesday

- Special Event - It's About To Get Western with Mike Siler and the Short Notice Band
- Opening Ceremonies
- Trail End Dances

Thursday

- Vendors
- Education Seminars & Clinics
- Showcase of Ideas
- Showcase of Rounds
- Sew & Save
- Exhibitions
- Dancing
- After Parties

Friday

- Everything from Thursday
- Bed Session
- Evening Ceremonies

Saturday

- Everything from Thursday
- Fashion Show
- Parade of States
- Closing Ceremonies

The National Square Dance Convention® is pleased to:

- Promote the square dance activity
- Promote good, sound, leadership training
- Include well planned, quality panels and discussions
- Present square dancing to the general public as a wholesome, enjoyable, relaxing family recreation

Registration forms are available for downloading from the convention website - www.55thnsdc.org, by phoning 210-521-7185 or by email to registration@55thnsdc.org

Keynote Speaker Tim Marriner

National and International caller Tim Marriner from Register, GA, will give the Keynote Address Friday morning June 23, at 10:30 a.m. in the Lila Cockrell Theater. This will follow the Bid Session. There is plenty of comfortable seating for all to attend.

SQUARE DANCING
Past - Present - Future

Friday, June 23rd 10:30a.m.
Lila Cockrell Theater

FOR IMMEDIATE RELEASE

Editors of publications who include detailed information about the 55th NSDC at least 3 times during this year prior to May of 2006 will be invited to attend the 54th Press Breakfast Send copies to: 55th NSDC Publicity Tracking, P.O. Box 810779, Farmers Branch, TX 75381-0779

Square Dancing
A FRIENDLY
Semi Contact Sport



55th National Square Dance Convention®

San Antonio, Texas
June 21-24, 2006

"Circle Eight in the Lone Star State"
News Release

Press Release

Welcome to the Lone Star State – Texas

Texas, from a Native American word meaning friends, invites you to attend the 55th National Square Dance Convention® in San Antonio June 21-24, 2006. We look forward to hosting our friends from around the world as they dance to the best callers, cuers, directors and prompters there are.

From the beginning Texas has been a force to be reckoned with. The people of Texas started fighting for their freedom and independence in 1836. The fight continued until Texas became the 28th state accepted into the United States of America on December 29, 1845.

Texas is the largest of the continual continental states. Being such a large state, Texas is a vacation destination with something for just about everyone - from working cattle ranches to the urban meccas of our cities. We are truly a vacation destination.

San Antonio is a city of intriguing and often surprising contrasts, where you may see an 18th century Spanish mission standing alongside a modern office tower. Now the eighth largest city in the United States, the city has retained its sense of history and tradition, while carefully blending in cosmopolitan progress. The city has always been a crossroads and a meeting place. Sounds and flavors of Native Americans, Old Mexico, Germans, the Wild West, African-Americans and the Deep South mingle and merge. "Remember the Alamo" became the rallying point of the Texan revolution against Mexico. This shrine and museum is located within walking distance of the Convention Center.

Dancing, for the 55th NSDC, will be at the Henry B Gonzalez Convention Center. The convention center, nestled in the heart of historic downtown San Antonio and built as part of the 1968 HemisFair, has expanded into a beautifully decorated and spacious facility. Scenic plazas, fountains and waterfalls complement the facility making it truly a beautiful dance facility.

The Special Event "It's About to Get Western" is a country/western performer from Nashville, performing with his band. It's a show you won't want to miss and a start to a truly memorable dance experience. Register early to assure seating.

"Education Puts You A Step Ahead". Panels, Clinics, Seminars, Sew and Save, Club Leadership Certification are available to enhance your ongoing dance experience.

Registration forms are available for downloading from the convention website – www.55thnsdc.org, by phoning 210-521-7185 or by email to registration@55thnsdc.org.

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Save a Square or Round Dancer Life

GIVE BLOOD

Every droplet counts

Central Florida Account 34

2006 PROGRAM BOOK AD PRICES



FULL PAGE	\$60	INSIDE FRONT	\$80
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QUARTER PAGE	\$25	BACK COVER	\$80
PERSONAL AD	\$10		

**AND NEW THIS YEAR
BOOSTER \$1.00 PER NAME**

MIRACLE ON THE DANCE FLOOR

For the past 12 years I have called the Christmas party for the Youth of the Edgewood Baptist Church in Columbus, Georgia. On December 17, 2004, the youth had invited the church family to be apart of this Christmas fellowship. I began the dance by starting with a tip for teens through adults, then I asked for kids between the ages of 8-12 to form a square.

I had noticed a couple sitting to my left with their son, who appeared to be about 9 years old. When the music started the young boy got up to dance and a young girl joined him. While they were dancing I noticed his parent were standing up and the mother was crying. I did not know why since their son appeared to be having a good time dancing.

After the party when I began to pack my equipment to leave, the couple approached me. The mother gave me a big hug and said, "Mr. Graham, his has been the most wonderful night of our lives. You probably did no know but a miracle has happened here tonight. You see our is autistic, he does no even talk. He has never played with other children, but when the music started and you asked his age group to get on the floor, we could not believe he got up to dance. It was if we were watching our son come to life tonight."

Berlon Graham, Shalimar, FL; reprinted from USDA NEWS, Oct-Dec 2005

**52nd FLORIDA STATE SQUARE
and ROUND DANCE CONVENTION
May 26, 27, 28, 2006**



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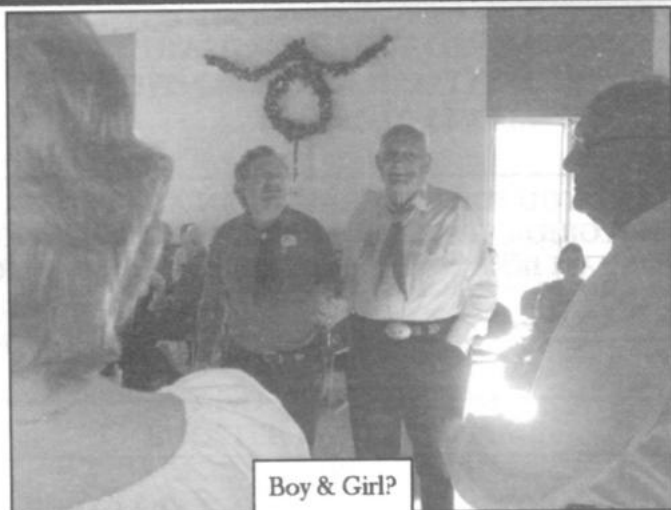
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Boy & Girl?

Toys 4 Tots



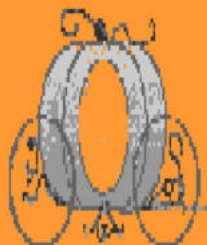
From Left to Right - Barefoot Bay Presidents - Marge & Harold & Brooks (Twirlers), Pat Priori & Ray Kornbrath (Spinners)

CINDERELLA'S BALL

E CANA ERAL

S ARES

ANNI ERSAR, DANCE



TUESDAY, APRIL 4, 2006

7:30 PM TO 10:30 PM

7:30—Early Rounds, 7:45 Plus w/Rounds, 10:00 Advanced

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Central Florida Square & Round Dance Association



Invites YOU to a
5th Saturday Dance
April 29, 2006

Masonic Hall
LEESBURG, FL

Calling: Don HanHURST
Cueing: Loretta hanhurst

Early Rounds 7:30 p.m.

Squares 8:00 p.m.

Admission: CFA Members \$3.00, Guests \$4.00

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