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APRIL 1996

THE

BARN



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THE BARN
3820 Minton Road
Melbourne, FL 32904

(407) 722-1664
(407) 727-7374 (FAX)
Otis & Linda Lutz - Editors
Earnie Lutz - Assoc. Editor

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"He sees all and gives a hoot"

**SECOND
ANNIVERSARY OF
THE BARN**

VOL. 3 NO 4



FROM THE LOFT

We now enter the third year of THE BARN. So much has been accomplished the first two years that we should really see growth this next year. Who would have believed that a new Mainstream Club, The Grand Squares, would be formed? On their first Open House for new dancers, there were six squares on the floor. If we can go from 0 to 6 in two years, we should be able to at least triple it this coming year and see a mainstream

club of 18 squares. We have many guest callers from around the USA scheduled to come to THE BARN during the next 12 months. We are now in the National/International Square and Round Dance Directory. The BARN OWL is seeing good circulation and we hope to see it go state wide this coming year. We have many Advanced Dances in THE BARN now and even had national round dance teachers Ralph and Joan Collopi down for a cuer teach. They are scheduled to return in Jan. 1997. We have a Caller School scheduled for July of this year after a very successful one last July. THE BARN is scheduled seven days a week now and Monday through Thursday mornings and afternoons are busy. With the continued support of the area dancers, THE BARN will soon be the place to dance in Florida. We thank the dancers for your support. The YELLOW ROCKERS, PALM BAY PROMENADERS, CHAIN REACTORS, DIXIE DIAMONDS and the GRAND SQUARES are all doing great.

It is important for square dancers to support all the clubs and to present a unified picture to the general public. One organization that is active in this regard is the Central Florida Association of Square and Round Dancers. Unfortunately there are many dancers that are not familiar with the CFA. One of the main activities the CFA sponsors is the State Convention every five years. There are 5 state area associations, the Northwest, the Northeast, the Southeast, the Southwest and the Central. Each takes turns bringing us the State Convention. The State Convention must be held along the I-4 corridor. It can be anywhere along this corridor as long as it is within 40 miles of I-4. The CFA has been extremely active this last year, and will be next year, with the National Convention coming up in 1997. It is NOT to late for you to become associated with this important activity. There are numerous committees still needing dancers to support the National Convention. You should be able to find an hour or two to give to this effort. Think of the possibilities that this convention presents for the expansion of our activity to the general public. There will be lots of publicity in the media on this event. Let's be ready to really present Square and Round dancing to those folks who have not yet experienced this wonderful activity that is so good for you both mentally and physically. The opportunity is here - what will you do with it? We can not "let George do it". If it is done, it will be by YOU.

THE BARN'S SATURDAY NIGHT SCHEDULE - 1996

| | | |
|--------|----------|---|
| Mar. | 16th | 2nd Annual St. Patrick's Dance. McClary and Walton |
| Mar. | 23rd | Special PLUS dance with Reath Blickenderfer - 7:30 - 10:00 PM |
| Mar. | 29 | C2 with C3* Weekend with Lee Kopman |
| Apr. | 6th | A2 Dance 7:30 - 9:30 PM Caller: Skip Smith |
| Apr. | 13th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Apr. | 20th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary & Skip Smith |
| Apr. | 27th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| May | 4th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| May | 11th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| May | 18th | Church Dance 7:30 - 9:30 PM Caller: Dale McClary Private Party |
| May | 25th | State Convention - See you there |
| June | 1st | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| Jun | 8th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| June | 15th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| July | 4,5,6&7 | Caller School Dale McClary and John Saunders |
| July | 20th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| July | 27th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| August | 10th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| August | 17th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| August | 24th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Sept. | 7th | A2 Dance 7:30 - 9:30 PM Caller: Skip Smith Star C1 Tip |
| Sept. | 14th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Sept. | 21st | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| Sept. | 28th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Oct. | 5th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| Oct. | 12th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Oct. | 19th | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| Oct. | 26th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Nov. | 9th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Nov. | 16th | A2 Dance 7:30 - 9:30 Caller: Dale McClary |
| Nov. | 23rd | Welcome Home Snowbird Dance - Plus - Caller Skip Smith |
| Dec. | 6,7,&8th | C1 Weekend Tim School & Ray Brendsky |
| Dec. | 14th | A2 Dance 7:30 - 9:30 PM Caller: Jerry Reed |
| Dec. | 21st | A2 Dance 7:30 - 9:30 PM Caller: Dale McClary |
| Dec. | 28th | A2 New Years Dance 7:30 - Callers: Dale McClary & Jerry Reed |

5:30 to 7:00 Line dancing every Sat. with Barbara Cogswell

For Sale: 1992 Mazda pick up B2200 65,000 miles. New tires and new timing belt. Complete with topper. Great shape.
Call Dale McClary @ 242-8490 \$7200.00

APRIL NEWS FROM CANAVERAL SQUARES

ROCKLEDGE...We thoroughly enjoyed Amateur Callers Night - a night of fun and laughter. Our amateur callers, with a little help from our own caller, Skip, did a very good job.

We are looking forward to celebrating thirty-six years of square dancing on April 19 at our Anniversary Dance. Skip and Jennifer will be doing duets throughout the evening. We also plan to have a cuer for those of you who love to round dance. Come dance with us and help us celebrate this special evening.

We are pleased that Phil and Carol Forten have volunteered to be our Banner Chairmen this year. We have gotten off to a great start, so far, we have made seven trips (three retrievals and four raids) with at least one and a half to two full squares on each trip. It is always a lot of fun visiting with other clubs and getting to meet so many nice people and making new friends.

Come dance with us.

Joan Cleland Secretary



More of Joe's Line Dance students. Lessons held Wednesday's at 10:00 AM.

ALLEMANDERS

Please note that the Allemanders' April schedule is slightly different than usual. There will be no dance on April 6 (Easter weekend). However, we will dance on the following three Saturdays. On April 13 Steve Ekin will be our guest caller. Johnny Jones calls on April 20th. Our very special Anniversary Dance will be on April 27th. At that dance past presidents of the Allemanders will be honored. It will be an opportunity to see friends who no longer dance, but who will come to help the Allemanders celebrate their 40th anniversary.

Don Furnish has sold his house and will be moving to Colorado shortly. We hate to see him go but wish the best for him and his family.

As usual, classes will be held in conjunction with the dances. Class begins at 6:00; square and round dancing is from 8:00 until 10:30. Vince Furtado is the round dance cuer.

Remember: Dances and classes on April 13, 20 and 27. Y'all come!

Donna Noeshe

1996 AND 1997 10/10 CLASS START DATES AT THE BARN

| | | | | |
|---------|----|------|--------------|---------|
| May | 7 | 1996 | Colin Walton | 7:00 PM |
| July | 16 | 1996 | Colin Walton | 7:00 PM |
| October | 1 | 1996 | Colin Walton | 7:00 PM |
| January | 7 | 1997 | Colin Walton | 7:00 PM |
| March | 10 | 1997 | Colin Walton | 7:00 PM |
| May | 27 | 1997 | Colin Walton | 7:00 PM |
| August | 5 | 1997 | Colin Walton | 7:00 PM |
| October | 21 | 1997 | Colin Walton | 7:00 PM |

Following the completion of each 10/10 course, a second 10 week course is given on a Wednesday and instructed by Dale McClary. These lessons start at 6:00 PM. A third 10 week course is given on Wednesdays that starts at 7:30 PM. This allows for the completion of Mainstream in three sections. There is a Mainstream Club, The GRAND SQUARES, which dances on Tuesdays at 8:30 PM. Dale McClary teaches the 2nd and 3rd 10 week courses and Colin Walton has the GRAND SQUARES Club. In order to enable all these new dancers to move into other clubs in Brevard, Dale uses the third period at THE BARN to teach the Plus Program. This program is on Wednesdays at 9:00 - 10:30 PM. Please make this schedule known to all potential dancers that you come in contact with.



**Jerry & Del
Reed**

REPAIRING THE SQUARE

(Rockledge, Florida)

About a year ago in this space we discussed this very important subject. We thought this would be a good time to repeat this information. We have often been asked a couple of questions about what to do when our square gets in trouble. One is, "What can we do when our square breaks down?" Another is, "How can we get back to dancing quickly and not have to wait for a LEFT ALLEMANDE?"

Both questions have been asked many times by dancers who would rather be dancing than standing and waiting for a LEFT ALLEMANDE or PROMENADE. There are times when a dance will contain some very long sequences. If we get lost at the beginning of a long sequence we could be standing for quite some time. Fortunately, there is a procedure by which we can rejoin the dancing quickly.

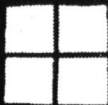
At the Callerlab convention in 1985 Jerry made a proposal for a procedure to repair the square and get back to dancing. This proposal was discussed by the Callerlab Styling Committee and in 1986 it was introduced for a one year trial. The proposal, with minor changes, was approved in 1987.

The basis for this procedure is the desire to get everybody dancing again soon after they breakdown. A critical factor in this process is the ability of the dancers to recognize when the square is indeed "lost" and can not recover. This is not always as easy as it might first appear because there are times when the square can recover and times when it can not. The difficulty is trying to determine at what point the square has gone over the brink and is so lost that recovery is not possible. Another problem is encountered when only half of the square is lost. In this case the other half of the square can continue to dance for a while, but as soon as any move requires all eight dancers the entire square will be lost. Since successful dancing is a team effort, it is best to regroup and implement the "LOST SQUARE" procedure as soon as half of the square is lost and can not recover. As might be imagined, however, this is not always easy.

One problem with the application of this procedure is that it is very difficult to practice. Unfortunately, this is one skill which can only be practiced while actually dancing rather than in a classic teaching situation. Many callers take exception to deliberately breaking down the square. It may be beneficial,

(Continued on page 7)

GRAND SQUARES



MELBOURNE, FL

GRAND SQUARES MAINSTREAM DANCING

On Thursday, Feb. 20th, Open House and Graduation were held at THE BARN. We were also celebrating the "official" christening of the new Grand Squares mainstream club and Peggy Walton's birthday. Quite a day for us.

Fifty-three dancers attended, including Otis and Linda Lutz and Dale and Carolyn McClary. All enjoyed lots of good food and great dancing by our

caller, Colin Walton.

Don't forget our mainstream dances. We dance every Tuesday evening at 8:30 PM at THE BARN. Our caller is Colin Walton. We invite those dancers that have completed mainstream to come dance with us.

The Grand Squares is having an "After St. Pat's Dance" on March 19th. Please come join us. We also have new classes starting every 10 weeks on Tuesday at 7:00 PM. Invite your friends who do not yet dance to come join us. We'll be looking for you!



Joan Woodward

(Continued from page 6)

however, to provide practice of this procedure just as we do the moves we are teaching.

The "LOST SQUARES" procedure is printed elsewhere in this issue. All dancers and callers are encouraged to take a look at it and to use it when appropriate.

Keep dancin' and SMILE!

Jerry Reed

EASTER

Easter, that time of year when Spring has really come. A time of renewal. A time we all reflect on the gift of life. A time when the dead is given hope and meaning. A time we use to awaken from the sleep of the cold and desolate winter. Without Easter, there is no hope.

The Dating of Easter.

According to the New Testament, Christ was crucified on the eve of Passover and shortly afterward rose from the dead. In consequence, the Easter festival commemorated Christ's resurrection. In time, a serious difference over the date of the Easter

festival arose among Christians. Those of Jewish origin celebrated the resurrection immediately following the Passover festival, which, according to their Babylonian lunar calendar, fell on the evening of the full moon (the 14th day in the month of Nisan, the first month of the year); by their reckoning, Easter, from year to year, fell on different days of the week.

(Continued on page 13)

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GIVE A HOOT!



Dick and Joan Woodward, a new couple on the square dance scene, are members of the new GRAND SQUARE, and enjoying every minute!

Dick was born in Wellsville, Ohio, moving and living most of his life in upper-state New York (Albany area). Joan was born in Miami, Florida, moving to Maryland (Bethesda area) in 1967. Both were "mysteriously" guided from above to settle in Melbourne of 1986 and 87! A few "Soap Opera" stories later they found each other and were married five years ago. All the stories now have happy endings!

Dick is an avid golfer, Joan loves the beach and they both enjoy traveling. Their combined families consist of five children and nine grandchildren living in New York, Maryland, Colorado and California - no wonder they are so hard to catch at home!

Square Dancing has become a very big part of their entertainment with their goal, now that the Grand Squares are in full swing, to be able to visit and dance with the Plus Clubs confidently before they go to their home in Ballston Lake, NY for the summer (yes, those ole snowbirds!)

Dick is a retired CPA and works with his daughter in NY during the summer. Joan is a retired broker who doesn't believe in working anymore.

Melbourne is their love and they are always happy to be back in September - even more so now that the joys of Square Dancing have come along.

Dick and Joan are THE BARN OWL reporters for THE GRAND SQUARES. We would like each club in Brevard to have an "OWL" reporter. Please send picture for use in the "CLUB NEWS" articles.

LINE DANCING AT THE BARN

Joe's Line Dancing Class

Spring is in the air, and Joe's line dancers are on their way to THE BARN for his Wednesday morning class at 10 o'clock! Rumor has it that he is going to be teaching "Whose Bed Have Your Boots Been Under" and "Trying to Get to New Orleans". Listen, watch him demonstrate, then follow his skillful directions as Maggie rolls the tapes. The dance is yours in ten minutes of concentrated practice! Like Joe says, it takes eight weeks of practice for John Travolta for his dancing role in "Staying Alive"!

So, it's time to start making your favorite top ten list, in alphabetical order, from the dances Joe has taught us. It is easy that way! He and Maggie will be returning to Boston on May 6th, and our last class will be held on May 1st. They have a couple disc jockey commitments to fulfill there during the month of May. And, it's time to depart for their summer and fall sojourn up North. They plan to return the end of October, so watch for the notice in the paper.

Meanwhile, keep dancing every day, so you won't forget your favorite numbers!

Best wishes to all of you until we meet again!

Special thanks Joe and Maggie! We will miss you! Looking forward to your return,

Bette Wityak



WORD STUDY OF THE WORD

tolerable 1: capable of being borne or endured - pain 2: moderately good or agreeable: passable

tolerance \ˈtɑ-le-ren(t)s, ˈtɑl-ren(t)s\ n (15c) 1 : capacity to endure pain or hardship : endurance, fortitude, stamina

a: sympathy or indulgence for beliefs or practices differing from or conflicting with one's own

b: the act of allowing something: toleration: the allowable deviation from a standard; esp : the range of variation permitted in maintaining a specified dimension in machining a piece

(1): the capacity of the body to endure or become less responsive to a substance (as a drug) or a physiological insult with repeated use or exposure <immunological ~ to a virus> <an addict's increasing for a drug>

(2): relative capacity of an organism to grow or thrive when subjected to an unfavorable environmental factor

b: the maximum amount of a pesticide residue that may lawfully remain on or in food

TOLERABLE (414 Strong's Exhaustive Concordance) More endurable - from (430) To hold oneself up against, put up with, bear with, forbear, suffer.

In today's world we are constantly being asked to be tolerable of other's actions. Now, I have no problem with having complete tolerance for other beliefs. I have great trouble having tolerance with one's actions as they deviate from the norm or acceptable standards of our society. Now you can see from the definitions above that tolerance can be a very bad thing. If we become completely tolerant then we have no morals, no standard for society to live by. In our square dancing community, complete tolerance would lead to no square dancing as we would not have any standard for dancers to meet prior to entering a square. We can see where that would lead. Why do we have trouble seeing where this same tolerance will lead us as a nation? Without standards there could be no value in money as we would accept the deviation from norm. Tolerance leads to the loss of all standards. It leads to an "anything goes" mentality. God says that it will be more tolerable for Sodom and Gomorrah than for those who had no standards. As we "learn" to be more tolerant of others actions, let's be certain that we are not forsaking a way of life that has produced the freedoms and peace that we now enjoy. Remember, the more tolerance we show, the more pain that we must put up with. It may be that we need to show a little less tolerance, not more. It is harder in the long run to be tolerable of actions from the norm. Personal freedom must not free us from the consequences of our actions. I am convinced that anyone is free to believe anything he chooses. It is quite different, however; to extend this right to action. It is your right to believe that Christ never lived. It is quite different for you to start to eliminate from the world those who disagree with those beliefs. We have standards in every aspect of our lives. To lower or eliminate (to become more tolerant) those standards is to lessen the quality of life for all of us.

SECOND ANNIVERSARY

OF

THE BARN

April 1, 1996

7:30 - 10:30 PM

Early Rounds 7:30 - 8:00

Plus Dancing 8:00 - 10:00

A2 Dancing 10:00 - 10:30

Caller: Jerry Reed

Cuer: Vince Furtado



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at

THE BARN

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(Continued from page 8)

Christians of Gentile origin, however, wished to commemorate the resurrection on the first day of the week, Sunday. By their method, Easter occurred on the same day of the week, but from year to year it fell on different dates.

An important historical result of the difference in reckoning the date of Easter was that the Christian churches in the East, which were closer to the birthplace of the new religion and in which old traditions were strong, observed Easter according to the date of the Passover festival. The churches of the West, descendants of Greco-Roman civilization, celebrated Easter on a Sunday.

The importance of the EVENT of Easter matters, not the day. It is the EVENT that has transformed the history, governments and morals of western civilization. As Paul said in his letter to the Corinthians (1 Cor 15:14,15) "But if there is no resurrection of the dead, then Christ is not risen: And if Christ be not risen .. your faith is vain". So let us remember that this is not something we did but was something that was done for us. Just as Spring gives us hope in the renewing of the earth, so Easter gives us hope in the renewing the life of these physical bodies. Happy Easter to you and yours.

FLORIDA AFTER PARTIES IN SAN ANTONIO

Florida will be hosting five (5) After Parties during the 45th NSDC in San Antonio. The schedule for these get-together is as follows:

Thursday - June 27, 1996

10:00 P.M. 'til Midnight Plus Square Dance North Banquet Hall

Friday June 28, 1996

10:00 P.M. 'til 12:00 Mainstream Square Dance South Banquet Hall

10:00 P.M. 'til 12:00 Advanced Square Dance La Villita Center Upstairs

10:00 P.M. 'til 12:00 Round Dance Gallery

A Contra Dance is also planned for Thursday night. Details and location will be announced at a later date.

The dancers of Florida are looking forward to seeing you all in San Antonio and having you join us at these After Parties. GO FOR THE MAGIC!!

George & Nancy Wolfert
Publicity Chairman - 46th NSDC

WHERE TO SQUARE, ROUND A

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY |
|--|---|--|---|
| <p><u>TITUSVILLE</u> PARTNERS IN PROGRESS Sandrift Rec Center 6:00-8:15 C1 Dance & WS Skip Smith, Caller Information 267-8910</p> <p><u>MELBOURNE</u> CHAIN REACTORS "THE BARN" 3820 MINTON ROAD 6:00 - 8:00 A1 Class 8:00 - 10:00 A2 Dance & workshop Dale McClary, Caller Information 254-0150</p> <p>CAMPFIRE DANCERS Chapter 082 4th weekend (STARTS ON A FRIDAY EVENING)</p> | <p><u>BAREFOOT BAY</u> BAREFOOT BAY TWIRLERS 7:15-7:45 Early Rounds 8:00-10:30 Plus Dance Dale McClary, Caller Jim Runnels, Cuer Information 254-0150</p> <p><u>ROCKLEDGE</u> SPACE TRACKERS McLarty Rec Center Barton Blvd. 7:30 - 10:00 Class Whit Brown, Caller Information 452-1899</p> <p><u>MELBOURNE</u> "THE BARN" 3820 Minton Road 10:00 - 12:00 noon Plus Workshop Dale McClary, Caller</p> <p>YELLOW ROCKERS "THE BARN" 3820 Minton Road 6:30 - 8:00 PM Class 8:00 - 10:00 Plus Dance Jerry Reed, Caller Vince Furtado, Cuer Information 722-1664</p> | <p><u>MERRITT ISLAND</u> PARTNERS IN PROGRESS Presbyterian Church Cone Road 7:30 - 9:30 A2 Dancing Skip Smith, Caller Information 267-8910</p> <p><u>ROCKLEDGE</u> McLarty Rec. Center 7:30 - 9:30 PM Phyllis Williams, Instructor Information 267-5236</p> <p><u>MELBOURNE</u> SILVER SQUARES 1300 S. Airport Blvd. 7:30 - 10:00 Plus Jerry Reed, Caller Vince Furtado, Cuer Information 777-3654</p> <p>"THE BARN" 3820 Minton Road 10:00-12:00 A2 class Dale McClary, Caller Information 254-0150</p> <p>Round Dance Class 1:00 - 2:30 Beginners 2:30 - 4:00 Phase II & III Harold Wiles, Cuer Information 726-0716</p> <p>Square Dancing Class 7:00 - 8:30 10 wk Sq. Dance Class 8:30-10:00</p> <p>GRAND SQUARES Mainstream Dance Colin Walton, caller Information 722-1664</p> | <p><u>MELBOURNE</u> HOLLYWOOD Community C 7:30 - 8:00 8:00 - 10:00 Dale McClary Vince Furtado</p> <p><u>ROCKLEDGE</u> SPACE TRACKERS McLarty Rec Center Barton Blvd. 7:30 - 9:00 A1 9:00 - 10:00 A2 Whit Brown, Caller Information 452-1899</p> <p><u>MELBOURNE</u> "THE BARN" Line Dancing Joe O'Connell Information 722-1664</p> <p>"THE BARN" 3820 Minton Road Round Dance Class Phase III & IV 1:00 - 3:00 Harold & Dot Information 722-1664</p> <p>"THE BARN" Beginner square lessons 6:00 - 7:30 PM Dale McClary Square Dancing 7:30 - 9:00 Colin Walton, Dale McClary Information 722-1664 Plus Class/W</p> |

New square dance lessons start every 10 weeks on Tuesday at 7:00 PM.

AND LINE DANCE IN BREVARD

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|
| <p>MELBOURNE CANAVERAL SQUARES Center Plus Dance Caller Cuer</p> <p>ROCKLEDGE TRACKERS Center</p> <p>1 Class A2 Class Caller 52-1899</p> <p>MELBOURNE 10:00 - 11:30 Inst. 68-9708</p> <p>Road Wiles 26-0716</p> <p>square dance</p> <p>M ce Class</p> <p>Caller Caller 22-1664 workshop</p> | <p>BAREFOOT BAY BAREFOOT BAY SPINNERS Community Center 12:45 - 2:45 Mainstream Dale McClary, Caller Dominic Mallozzi, Cuer Information 254-0150</p> <p>MELBOURNE PALM BAY PROMENADERS "THE BARN" 3820 Minton Road 6:30 - 8:00 Class 8:00 - 10:00 Plus Dance Dale McClary, Caller Dominic Mallozzi, Cuer Information 722-1664</p> | <p>MELBOURNE HARBOUR CITY SQUARES Eau Gallie Civic Center Highway Ave. 7:30 - 8:00 Early Rounds 8:00 - 10:00 Plus 10:00 - 10:30 Advanced National caller each week Information 783-1670</p> <p>ROCKLEDGE CANAVERAL SQUARES McLarty Rec. Center Barton Blvd. 7:00 - 8:00 PM 8:00 - 10:30 Plus Skip Cleland, Caller Information 632-1938</p> <p>MELBOURNE "THE BARN" 3820 Minton Road A2 FUNSHOP/DANCE 8:30 - 10:00 PM Jerry Reed, Caller Information 633-1306</p> | <p>ROCKLEDGE SPACE TRACKERS McLarty Rec. Center Barton Blvd. 7:30 - 8:00 Rounds 8:00 - 10:30 Plus Whit Brown, Caller (1st & 3rd Sat) Guest Caller 2nd & 4th Information 452-1899</p> <p>SATELLITE BEACH ALLEMANDERS Satellite Beach Civic Center 6:00 - 8:00 Class 8:00 - 10:30 Plus 1,2 & 3rd Saturdays Don Furnish, Caller Vince Furtado, Cuer Information 777-1696</p> <p>MELBOURNE SATURDAY NITE LIVE Special as set up by callers/cuers Call for information 722-1664 See page 3</p> <p>5:30 - 7:00 Line Dancing Barb Cogswell Information 984-7186</p> |

YELLOW ROCKERS SUNSHINE CORNER



**Pat Ludwick -
Yellow Rockers
"BARN" reporter**

We are happy to eliminate some of our YELLOW ROCKERS members off our "sickies" list. But, unhappy to add a few new ones to it. It is so good to see the Sweeneys back on the dance floor. Charles has been really sick with pneumonia, and now gratefully he is over it. Also doing a lot better these days, are Bill & Pat Ludwick. Bill has been fighting those flu and lower bronchitis germs for 7 weeks and is more than glad to get rid of them. As for Pat, hard as she tried to avoid those germs she caught them anyway. Pat has had four bouts of the flu & virus infections since November. So now the Dr. has her on some new natural medication to help build up her resistance and it seems to be really helping as she has more energy these days. Betty and Hood Goodrich are better also after

their encounter with those pesky germs too, but Betty still has some congestion. Al Maxwell is another person who has also been ill with the same symptoms and is having a hard time getting rid of them. Edie Klein recently underwent foot surgery and is recuperating at home. She'll not be able to dance for a few weeks but she said she'd come and visit while letting "Big John" do a little dancing.

In spite of all the rain on Mon., Mar. 11th, we had six squares which was quite nice. Jerry Reed was back from a trip he took out to Nebraska. After visiting with his Mom, Del remained there and so Jerry will be going back to Nebraska again to get Del and then will travel to Kansas to a Caller Lab convention and meeting. A pre-convention dance was held recently at the Hyatt Hotel in Kissimmee. Those attending were Otis & Linda Lutz, Paul and Phyllis Alcorn, John and Emily McGowan, Stu and June Sale, Tellas and Jean Greene, D.J. Mitchell, and Tom Monfort. A really good time was had by all. Those of you who missed the "invitation" that will be given in San Antonio, TX will want to see it when you attend the '96 NSD Convention there.

Tellas has had some medical problems recently but seems to be doing so much better now and has been put on some new medication. We

(Continued on page 26)

FROM THE BARN KITCHEN

MINI CHEESECAKES

2 Packages (8 oz each) Cream Cheese, softened
3/4 Cup sugar
2 Large eggs
1 teaspoon vanilla
1 box Vanilla wafer cookies
Foil baking cups
1 Can cherry or blueberry pie filling



Beat cream cheese with electric beater until well creamed. Beat in sugar, eggs and vanilla and beat until fluffy, 3 to 5 minutes. Put one vanilla wafer in bottom of regular sized (labeled "large") foil baking cups (flat side down), fill 3/4 full. Place on baking sheet (if using paper cups put in muffin tin). Bake at 350° F for 25 to 30 minutes or until tops are slightly golden brown. Let stay in open oven for awhile. Cool on wire rack. Refrigerated. Top with pie filling to serve. Makes 18.

These are delicious. Hazel brought them to the Grand Squares Open House and they were a real success.

Submitted by:
Hazel (not Helen) Underwood

Submit your recipes to: THE BARN
3820 Minton Road
Melbourne, FL 32904
407-722-1664
FAX (407)727-7374



Special Report on the '97 PRE-C

The '97 Pre-convention Dance held at the Hyatt Convention Center on I-4 in Orlando was a great success. There were over 1250 folks who exchanged their early bird passes for "I am registered" ribbons. The floor was full with great callers and cuers providing a lovely evening of dancing. The presentation that will be given at the '96 convention in San Antonio was presented to the delight of all present. The group did an outstanding job and, I am sure, will have a great impact on the success of the '97 Convention. Our hats are off to that group and to all the dancers who took part in all the skits they presented. It resulted in a great performance and gave compelling reasons for all to attend the '97 convention in Orlando, Florida.

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952-1234

SPECIAL DANCES AT THE BARN

March 19, 1996 The GRAND SQUARES is having an "After St. Pat's" dance. It is a mainstream dance so invite the students taking lessons with your club to come on out and enjoy a fun filled evening of dancing. Colin Walton is the caller. The dance is from 8:30 to 10:00 PM.

March 23, 1996 Special guest caller REATH BLICKENDERFER. Plus Dance from 7:30 -9:30. A level Dance from 9:30 - 10:00. Reath was introduced to the Space Coast area at Earnie Lutz's birthday party held at THE BARN on Feb. 11, 1996. He plays the guitar as he calls and is one fantastic yodeler. You won't want to miss this special dance with a fantastic caller. Price is \$3.50 per person - donation. Reath and his law Gloria are from Ohio staying the winter in the Tampa area.

March 29, 1996 C2 weekend with Lee Kopman. Contact Hugh Gardner at 904-677-0303. \$45.00 per couple. Fri. night and 3 dances Sat. Computer squares.

PROMENADERS SUNSHINE CORNER

MARCH BIRTHDAYS

April 09 D. J-Mitchell
April 11 Audrey Dodge
April 17 Dorothy Braski
April 19 Monia Yust
April 19 Tony Ciconne
April 20 George Gaffney
April 21 John Yust

MARCH ANNIVERSARIES

April 15 Bill & Pat Ludwick
April 17 Bill & Joann Edwards

DID YOU KNOW? That in a study, scientists attached pedometers to Square Dancers and found that each person covered nearly 5 miles in a single evening. During 30 minutes of sustained dancing you can burn 400 calories Plus all that fun doing it.

The Promenaders continue to have great attendance. Our snowbirds really make a big difference. We'll be sorry to see them leave, but hoping they have a healthy, happy summer, and look forward to their return in the Fall.

The Flu bug is finally releasing its hold on our members. Bill & Pat Ludwick are back on the dance floor. They are in full swing with the Banner Raids once again. They do a fantastic job, so tell them once in a while how much they are appreciated.

Olivia Mallozzi wishes to thank everyone for the cards, calls and especially your prayers during her convalescing period. She is now able to get around without her cane. So maybe we will see her back at the Barn soon.



Vona Brown

Promenaders "BARN"
reporter

Nice to see Jim & Hilda Taylor dancing regularly at the Barn. We are all so happy that Jim is doing so well these days. Vince & Camille Furtado, along with Bill & Joann Edwards have just returned from a great cruise of 6 Islands in the Caribbean. They all had a great time with beautiful sailing & ideal weather.

The Hollywood Squares will be having their final dance on March 20. This will be a free dance. Everyone welcome. They will resume dancing Nov. 6.

Please keep me informed of anyone who is ill or any other news of our dancers. (723-9467) **STAY HEALTHY, KEEP DANCING:**

"When you take responsibility on your shoulders, there is no room for chips."
VONA 'BROWN

BREVARD GOVERNMENT IN ACTION

The recent rainfalls remind us of the disastrous flooding which occurred in many parts of the County last fall in the wake of Hurricane Erin. Brevard County has accomplished many projects so far and more are being prepared for the next storm season.

To date, major work has been accomplished in cleaning the Crane Creek Drainage system, especially through the downstream golf course area. Obstructions identified in the canals are being removed or have been requested to be removed.

The County and the City of Melbourne are investigating the road crossings over the canals for possible culvert and bridge expansion.

Additional pipes and drainage are planned for Wickham Road in the north Eau Gallie area. Retention ponds will be installed in Wickham Park and at Johnson Junior High to curtail overflowing waters. An old boardwalk lying in Horse Creek will be removed when permits are achieved.

The Melbourne Tillman District is expanding canal capacity along Eber and Minton Roads to alleviate flooding conditions in those areas. Melbourne Tillman is also working with Brevard County to attain additional rights-of-way to expand canals in the June Park area to increase storage capacity. Additional drainage plans are being pursued to relieve the flooding on Dairy Road.

A pump system is planned to be located west of I-95, very near the interstate, to relieve high water in the Lamplighter Village and John Rodes Boulevard area. The County will use over 600 acres presently owned to sheet flow additional runoff towards the marsh. This project is currently being permitted through the State and we plan to implement it by July.

If your area experienced problems, and you feel further corrections are needed, please contact the District 5 Commission office at 253-6611. We have a large folder of projects and we need to verify if yours is there.

Scott Ellis

County Commissioner
District V

If there are subjects you would like to see addressed in these articles, please send them to THE BARN OWL. We will do our best to see that your concerns are addressed. Any suggestions you have for the improvement of the BARN OWL will be greatly appreciated.

GIVE A HOOT!



Gene and Doris DiCerbo

Gene and Doris DiCerbo moved to Florida in September 1985 from West Chester, Pa.

Before migrating to Sun-tree, they had taken Main-stream lessons and planned to continue with the Plus level in Florida. To their disappointment, the Plus lessons did not start until the Spring.

In order not to forget what they had learned, they had to travel to Barefoot Bay, 25 miles from Suntree, to attend the only Mainstream dance in the area. The caller was a portly gent named Dale Mc Clary.

A graduate of Villanova University, Gene retired as Chief US Probation Officer for the Eastern District of Pa.

An alumna of Hallahan H.S. in Phila., Doris met Gene at their place of employment at a government agency.

Upon settling in Florida, Gene developed a tennis program at Suntree Country Club and Doris became an avid bridge player amassing quite a few Master Points. As the result of the tennis program Gene developed, he was awarded a special trophy and a tournament, the Gene DiCerbo Annual Challenge Tournament was established.

Recently Doris resumed bowling and has taken up Line Dancing and has become quite proficient at brushing, turning, vining, sliding, etc.

In 1991, Gene and Doris were elected President of the Yellow Rockers. A short time later, because of Gene's arthritic knees they had to give up dancing.

Last October, on the occasion of their parents' 50th wedding anniversary, the DiCerbo children took them to a local posh restaurant for dinner and topped it off with a surprise party at Suntree Country Club. The entire evening was truly a memorable experience.

Two total knee replacement surgeries in December 1994 and June 1995 have enabled Gene to resume Square Dancing. They are now taking lessons from Dale McClary and Jerry Reed.

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LOST SQUARES

Dancers Responsibilities:

1. Return to home position as soon as possible
2. The head ladies will take their corner's hand and head couples will back out to form lines at the sides of the square.
3. On the caller's command, "EVERYBODY go forward and back", they enter the dance.

Callers Responsibilities:

1. Recognize that a number of squares have broken down and have formed lines.
2. Place the dancing squares into normal lines.
3. Give the command "EVERYBODY go forward and back" in a bold voice which is the command for the broken squares to enter the dance again.

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NATURAL ALTERNATIVES TO OVER THE COUNTER AND PRESCRIPTION DRUGS

IMPORTANT: PLEASE READ

The information in this article is intended to increase your knowledge about natural remedies and by no means is intended to diagnose or treat an individual's health problems or ailments. The information given is not medical advice nor is it presented as a course of personalized treatment. There may be risks involved in connection with some of the natural remedies suggested in these articles, just as there may be risks involved in connection with prescription drugs. Therefore, before starting any type of natural remedy or medical treatment, or before discontinuing any course of medical treatment you may now be undergoing, you should consult your own health-care practitioner.

Coenzyme Q10

Coenzyme Q10 (CoQ10), also known as ubiquinone, is an essential component of the mitochondria--the energy-producing units of the body's cells. Although CoQ10 can be synthesized within the body, deficiency states have been reported. Deficiency could be a result of impaired CoQ10 synthesis due to deficiencies of essential vitamins and minerals, a genetic or acquired defect in CoQ10 synthesis, or increased tissue needs.

Cardiovascular diseases including angina, hypertension, mitral valve prolapsed, and congestive heart failure are examples of diseases that require increased tissue levels of CoQ10. In addition, the elderly in general may have increased CoQ10 requirements as the age-related decline of CoQ10 levels within the body may be partly responsible for the deterioration of the immune system.

CoQ10 deficiency is common in individuals with heart disease. Heart tissue biopsies in patients with various heart diseases showed a CoQ10 deficiency in 50 to 75 percent of cases. Being one of the most metabolically active tissues in the body, the heart may be unusually susceptible to the effects of CoQ10 deficiency. Accordingly, CoQ10 has shown great promise in the treatment of heart disease and angina.

In one study, twelve patients with angina were treated with CoQ10 (150 milligrams per day for four weeks) in the most strict type of scientific study (a double-blind, crossover trial). Compared with placebo, CoQ10 reduced the frequency of angina attacks by 53 percent. In addition, there was a significant increase in treadmill exercise tolerance (time to onset of chest pain and time to development of electrocardiogram abnormalities) during CoQ10 treatment. The results of this study and others suggest that CoQ10 is a safe and effective treatment for angina pectoris.

Like carnitine and pantethine, CoQ10 also exerts a beneficial effect on blood triglyceride and cholesterol levels. CoQ10 has also been shown to lower blood pressure in cases of high blood pressure.

(Continued from page 16)

have missed Margo Brady and Charles Moore lately, we hope all is well with you both and we hope to see you back with us soon.

The other day while Bill & I were at Wal-Mart in Palm Bay we were very pleasantly surprised to meet Russ Sasscer once again, As you know they have been out in another country doing their missionary work, but are back in the U.S.A. now for a while as two of their children and their families are now residing in Florida and they have really enjoyed being with them and spending a lot of time with their grand-children. I told him we have missed them and hope they'll find time one of these days to pay us a visit at "THE BARN."

Once again it is time to bring the news to a close. Remember.... without your news I wouldn't have a column to write and so.....please keep me posted on anything and everything you would care to share with your fellow dancers. I'm in dire need of Biographies so please make me happy by sending one

Please send all news to Pat Ludwick, 7600 Lakeview Drive, West Melbourne, FL 32904, or call me at 723-7090

Late News congratulations to our newest Yellow Rocker member, Shiela Cootes. We are certainly happy to have you with us Shiela.

YELLOW ROCKERS BIRTHDAYS AND ANNIVERSARIES

BIRTHDAYS

April 07 Vince Furtado

April 07 Al Maxwell

April 09 D.J. Mitchell

April 14 Paul Alcorn

April 17 Ken Lummel

April 11 Happy Birthday to Audrey Dodge (Not a member)

April 16 Special Happy Birthday to Colin Walton Caller: Grand Squares

ANNIVERSARIES

April 12 John and Emily McGowan

April 15 Bill and Pat Ludwick

YELLOW ROCKERS BANNER RAIDS AND RETRIEVALS

April 1st. Canaveral Squares coming to YR to raid

April 8th. Buckles & Bows coming to YR to raid

PROMENADERS BANNER RAIDS AND RETRIEVALS

April 18th. Canaveral Squares coming to Promenaders to raid

FAVORITE LITTLE SAYINGS

"When God measures a man, He puts the tape around the heart - not the head."

"He who wants milk should not sit on a stool in the middle of the pasture expecting the cow to come to him."

RETIREMENT (from a child's view)

After a Christmas break, a teacher asked the young pupils how they spent their holidays. One small boy wrote the following:

We always used to spend Christmas with grandpa and grandma. They used to live here in a big brick home, but grandpa got retarded and they moved to Florida. Now they live in a place with a lot of other retarded people. They all live in little tin boxes. They ride on big three-wheeled bicycles and they all wear name tags because they don't know who they are. They go to a big building called a wrecked hall, but if it was wrecked, they got it fixed, because it's all right now. They play games and do exercises there, but they don't do them very good. There is a swimming pool there. They go into it and just stand there with their hats on. I guess they don't know how to swim. As you go into their park there is a doll house with a little man sitting in it. He watches all day so they can't get out without his seeing them. When they can sneak out they go to the beach and pick up shells. My grandma used to bake cookies and stuff, but I guess she forgot how. Nobody cooks; they just eat out. They eat the same thing every night - "early birds". Some of the people are so retarded that they don't know how to cook at all, so my grandma and grandpa bring food into the wrecked hall and they call it "pot luck". My grandma says grandpa worked all his life and earned his retardment. I wish they would move back up here, but I guess the little man in the doll house won't let them out.

Contributed by Dick & June Stevens

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