

JANUARY 1996









THE BARN 3820 Minton Road Melbourne, FL 32904 (407) 722-1664 (407) 727-7374 (FAX) Otis & Linda Lutz - Editors Earnie Lutz - Assoc. Editor



"He sees all and gives a hoot"

Joy to the World The Saviour Reigns!

INSIDE THIS MONTH

Word Study of The Word Where to Dance in Brevard From the Editor Jerry Reed's Callerlab Article Sunshine Corners

Promenaders
Yellow Rockers
Allemanders
Canaveral Squares

Monthly Barn Schedule Saturday Schedule Health Matters Government in Action Natural Alternatives

From The Barn Kitchen



FROM THE LOFT

As we begin another year, Linda, Earnie and I wish for you and yours the very best year of your life. May only good and happy things come to you this year.

We are really excited about projects that are in the works for this next year. The Demo Group that meets at THE BARN with Colin and Peggy Walton, have some very bold and exciting plans

underway for 1996. We NEED two couples, minimum, from each club in Brevard and Indian River to meet with us on Sunday at 2:00 PM. The group has a treasurer with over \$200.00 in the account. This money is to be used, on a matching basis, in conjunction with other clubs to advertise square dancing to the non-dancing public. The group has taken as a goal to add at least 20 squares of new square dancers to the clubs in Brevard in the next 12 months. This is a very low number to shoot for but one we think will be attainable. We are also starting a campaign to see that there is as much information as possible fed to the local media (printed media, radio and TV) so that square dancing will be brought before the public eye on a weekly basis. One of the goals of the Demo Group is to have clubs so well attended that, during the winter, it will be impossible to have banner raids as the clubs will be dancing at capacity. We are also striving to make the regular dances much more entertaining. We feel that the evening should be one that is looked forward to and not something that is put on the back burner. We will be working very closely with the Brevard clubs through the President's Council that meets quarterly. The next meeting is in January. Please work to make certain that there are two couples from each club at the January meeting.

The Toys For Tots dances at THE BARN and Barefoot Bay were well attended. Linda, Earnie, Anna Bell and I had a good time at both dances. It was wonderful to see two squares that completed mainstream dance lessons at THE BARN attend at Barefoot Bay. They reported that they had a great time.

New Officers have been elected for the new year. Linda and I have accepted the office of president for the Yellow Rockers. A list of new officers for the clubs that elect in December and have sent us the information is presented in this issue. Next month we hope to have all clubs and their new, or current, officers listed. Please send us this information as soon as possible. Our deadline is the 10th of the month. We will be happy to publish all club news sent in. Have a great and prosperous year. We wish every club a banner year in new dancers.

THE BARN'S SATURDAY NIGHT SCHEDULE - 1995-96

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A2 Dance - 7:30 - 10:00 PM. Callers: Jerry Reed & TBA Guest
         16th
Dec
                   Special Advanced New Years Dance! Dale McClary and Jerry Reed
Dec.
         30th
                   A2 Dance - 7:30 - 10:00 PM. Callers: Dale McClary & FRANK BEDELL
           6th
Jan.
                   A2 Dance 7:30 - 9:30 PM Caller: Skip Smith (star C1 Tip)
Jan.
         13th
                   A2 Dance - 7:30 - 10:00 PM. Callers: Dale McClary & TBA Guest
Jan
         20th
                    2-Step dance lesson 5 - 7pm. Barb Coaswell
Jan
         27th
                    A2 Dance 8:00 - 10:00 PM Caller: Jerry Reed
                    2-Step dance lesson 5 - 7pm. Barb Cogswell
Feb.
         3rd
                    A2 Dance 8:00 - 10:00 PM. Caller: Jerry Reed
                    2-Step dance lesson 5 - 7pm. Barb Cogswell
Feb
          10th
                    A2 Dance - 8:00 - 10:00 PM Caller: Skip Smith
                    Valentine Plus Dance 7:30 - 10:30pm. Ticketed Dance
Feb.
          17th
                    A2 Dance 8:00 - 10:00 PM Caller: Dale McClary & Wayne McDonald
Feb.
          24th
                    A2 Dance 8:00 - 10:00 PM Caller:
          2nd
Mar.
                    A2 Dance 8:00 - 10:00 PM. Caller: Jerry Reed
          9th
Mar
                    2nd annual St. Patricks Dance. McClary, Walton, Reed
Mar.
          16th
                    C1 Weekend with Lee Kopman
Mar.
          29
                    A2 Dance 8:00 - 10:00 PM Caller: Jerry Reed
Apr.
          13th
                    A2 Dance 8:00 - 10:00 PM Caller: Dale McClary & Skip Smith
Apr.
          20th
                    A2 Dance 8:00 - 10:00 PM Caller: Jerry Reed
Apr.
          27th
                    A2 Dance 8:00 - 10:00 PM Caller: Dale McClary
          4th
May
                    A2 Dance 8:00 - 10:00 PM Caller: Jerry Reed
          11th
May
                    A2 Dance 8:00 - 10:00 PM Caller: Dale McClary
May
          18th
                    Not scheduled yet
          25th
May
          1st
                    Dale McClary
June
                    Dale McClary
June
          15th
                    Caller School Dale McClary and John Saunders
          4.5.6&7
July
          20th
                    Dale McClary
 July
          17th
                    Dale McClary
 August
                    Dale McClary
 Sept.
          21st
 October
          5th
                    Dale McClary
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October 19th Dale McClary

Submit your want/for sale ads. We will publish them free on a space available basis.

For Sale: 1992 Mazda pick up B2200 65,000 miles. New tires and new timing belt. Complete with topper. Great shape.

Call Dale McClary @ 242-8490 \$7200.00

For Sale: Brother Electronic Typewriter Model SX-16. Like New. Retail Price \$130. Asking \$65. Resa Leslie Call 631-7893

JANUARY NEWS FOR CANAVERAL SQUARES

ROCKLEDGE . . . Canaveral Squares is starting out the new year dancing off any of that holiday weight we gained and trying to live with the New Year's resolutions we made.Our new officers are President--Asa Clark, Vice-presidents--Chris and Terry Zack, Secretary--Joan Cleland, Treasurers--Rosa and Tom West, Class Coordinators-Jane and Jim Hart, and alternate Class Coordinators--Deno and Bruce Sawhill.

We thoroughly enjoyed participating in the three Christmas parades in Merritt Island, Cocoa-Rockledge, and Cocoa Beach. Our float which consisted of Bruce's wrecker pulling two trailers was decorated with the themes Country Christmas, Old Fashioned Christmas, and Christmas-A Gift of Love. We're hoping for trophies again. (Latest report - they won first place!)

We were saddened in December by the death of Bill Andrus's mother. She was our "granny," club mascot, and a former dancer herself. We will miss her.

Mary Moore tried dancing at the skating rink and wound up with a broken elbow. She is mending nicely now.

We'll be having Open House with free lessons on January 5 and 12 for anyone interested in learning to square dance. Lessons, which will go from Basic through Mainstream, will begin on the 19th from 7:00-8:30. We're hoping for many new, enthusiastic dancers.

Come and dance with us. George and Marvel Jenkins

NEW CLASSES!!

THE BARN Classes begin - BASIC - 2:00 PM January 4th.

Classes begin - BASIC - 7:00 PM February 27th. Classes begin - BASIC - 7:30 PM January 31st.

Canaveral Squares January 5th and 12th Open House -

Classes begin - BASIC - 7:00 PM January 12th.

February 20th is an OPEN HOUSE with a POT LUCK supper for those desiring to start BASIC lessons at THE BARN on the 27th of February. More information will be forthcoming in the next issue of THE BARN OWL. Invite your friends and then BRING them to one of these lessons. They will feel more at ease if you are with them. It will be worth the effort to see new folks have fun right away at our dances.

ALLEMANDERS NEWS

Satellite Beach, FL 32937

The Allemanders celebrated Christmas with their dinner and dance on December 9. The food was bountiful and delicious. The dancers are great cooks as well as talented eaters! Admission to the dinner was a covered dish for the dinner and canned goods for the Sharing Center. We are glad to report that many boxes and bags of staples were collected for those in need in the community. The class participated in the festivities and the club members enjoyed dancing with these new dancers. Thanks to the club officers who worked so hard to make this dinner and dance a really good time for all.

Now that the holidays are behind us. dancing and classes resume on their regular schedule, the first, second, and third Saturdays of each month. Classes begin at 6:00 and square and round dancing at 8:00. The "special" dance in January (although all our dances are "special"!) will be on the 20th. That dance will be our International Night. All are invited to bring their favorite international dish to share. If you have a costume from another country please wear it and add to the ambiance. Come join us soon! Don Furnish is our caller and Vince Furtado our cuer.

For information call Bob (773-3272) or Carol and Joe (777-8962).

GEE-JAY'S **EATERY**

ALL THE COFFEE YOU CAN DRINK 49¢

- Breakfast Menu Starting at 99¢
- Luncheon Menu Starting at \$1.99
- Daily Lunch Specials from \$1.99
- Giant 1/2 Pound Muffins 99¢

NEW GEE-JAY'S Early Bird Dinners Mon. Thu Sat. 3-7 PM

Dinners include: Soup Du Jour. Salad Entree, Baked or Mashed Potato Vegetable, Dinner Rolls, Coffee, Tea or Soda and Dessert! Starting at \$5.95 2280 Harris Ave. Palm Bay 724-1190

M-Th 6AM-7PM F-Sat 6AM-9PM Sun 6AM-2PM

Tina's Crab Inn MARYLAND STYLE CRABS Friday & Saturday 5-9 PM ALL YOU CAN EAT \$13.95

MONDAY LUNCH SPECIAL \$3.99

German Bratwurst & Knockwurst with red cabbage & Potato Salad

THURSDAY LUNCH SPECIAL \$3.99

Combine any 2 of the following: Pierogi-Golabki(stuffed cabbage)

Kielbasa with Saurehraut Bigos (pork & Kruat)



VIC AND BARBARA MOSS

"GIVE A H00T"

Barbara & Vic Moss are Canadians. They moved to Florida in November of 1969. A snow storm in October solidified their decision.

They moved to Melbourne Beach two years ago, primarily to be close to their daughter, son-in-law, and three grand-children. They decided to return to square-dancing after an absence of many years, and thanks to the kindness of Linda & Otis Lutz, and Hilda & Jim Taylor, caught up and joined the Palm Bay Promenaders.

Vic stays active in real estate investments.

Barbara is a regional rep. for Stonecroft ministries. They also enjoy round dancing, and are currently in Vince and Camille Furtado's Friday evening class,

with their daughter & son-in-law.

Barbara also likes to line dance, taking lessons with her grand-daughter Jennifer. On Nov. 9th they left on a western weekend cruise to Mexico. Vic had originally intended to go for the square dancing cruise with Colin & Peggy Walton but, business kept him at Home. So...... Barbara & Jennifer decided they would go anyway for the line dancing and the sight-seeing. Vic & Barbara love this area, especially the new friends they have made at "The BARN"!!

If you missed Vic and Barbara at the last "KNOT HEAD KONVENTION", you really missed a great time. Vic didn't want to go to the "IDIOT" party so Barbara said he could do anything he wanted and if he didn't have fun they would leave. Vic was the life of the party. The callers were a LITTLE alarmed at first, thinking he must be drunk. What a night. We thank you for the performance Vic. Barbara, we thank you for putting up with Vic. We thank you both for the support of the Palm Bay Promenaders.

TO: SQUARE DANCERS BREAKFAST CLUB

We at the South Brevard Sharing Center want to thank you for your recent donation of food for Thanksgiving. It is only through the generosity of our friends that we are able to help the less fortunate during emergency situations, and to feed people until they receive their food stamps.

Thanks for caring and giving.

Patricia A. Hansen, Director South Brevard Sharing Center Square & Round dancers meet Thursday at Gee-Jay's at 8:30 AM.









RYAN'S STEAK HOUSE

3299 S. Babcock Street Melbourne, Florida (407) 723-1838

- Present this coupon to the cashier when paying for your meal.
- 10% of your meal price goes to help dancing in Brevard.
- The dancers of Brevard thank you for your support.
 - This coupon good only from 11:00 AM to 9:00 PM on Jan. 11. 1996

LOOK AT THIS

The above coupon can be worth a lot to dancing in Brevard. The Demo Dancers have opened an account and already have \$200.00 in advertising funds. These funds can be used, on a matching basis, by any club in Brevard to advertise dancing. The Square Dancing Demo Group is composed of members from many clubs in Brevard. We hope that soon all clubs in Brevard will be represented. We meet at THE BARN every Sunday at 2:00 - 4:00 PM. Colin and Peggy Walton have generously given of their time and talent to help this group. Now we have the opportunity to have a good source of income to really make a difference in our activity. To help, get as many families as you can to eat at Ryan's Steak House on Jan. 11th. All they need to do is present the above coupon, or a facsimile of it, to the cashier when paying their bill. It does not cost anyone a dime extra. Let's see if we can really overload Ryan's on the 11 of January!

We invite any dancers who would like to learn precision dancing and would like to join the Demo Group, to come out on any Sunday from 2:00 to 4:00 PM to dance with us. We have been having 2 - 3 squares and need to get to five so we can do some real interesting "exploding" the squares. I am sure you will like to learn to precision dance as those coming refuse to take a break during the 2 hour sessions. Call 722-1664 if you desire more information.

YELLOW ROCKERS DANCE SCHEDULE for 1996

January	1	NO DANCE	July	1	Regular Dance
January	8	Regular Dance	July	8	Regular Dance
January	15	Regular Dance	July	15	Regular Dance
January	22	Regular Dance	July	22	Regular Dance
January	29	Hobo Dance	July	29	Summertime Dance
February	5	Regular Dance	August	5	Regular Dance
February	12	Regular Dance	August	12	Anniversary Dance
February	19	President's Dance	August	19	Regular Dance
February	26	Regular Dance	August	26	Regular Dance
March	4	Regular Dance	September	2	Labor Day Dance
March	11	Regular Dance	September	9	Regular Dance
March	18	St. Patrick's Dance	September	16	Regular Dance
March	25	Regular Dance	September	23	Regular Dance
April	1	Regular Dance	September	30	Regular Dance
April	8	Regular Dance	October	7	Regular Dance
April	15	Regular Dance	October	14	Regular Dance
April	22	World Costume Dance	October	21	Regular Dance
April	29	Regular Dance	October	28	Halloween Dance
May	6	Regular Dance	November	4	Regular Dance
May	13	Regular Dance	November	11	Regular Dance
May	20	Honor America Dance	November	18	Harvest Dance
May	27	NO DANCE	November	25	Regular Dance
June	3	Regular Dance	December	2	Regular Dance
June	10	Regular Dance	December	9	Regular Dance
June	17	Amateur's Dance	December	16	Regular Dance
June	24	Regular Dance	December	23	Christmas Dance
Julie	24		December	30	Regular Dance

Banner Raid Chairperson: Connie Plummer President: Otis and Linda Lutz Caller:Jerry Reed Cuer: Vince Furtado Phone (407) 722-1664 THE BARN MINTON ROAD MELBOURNE, FL 32904 FAX (407) 727-7374



ANGELS DURING CLASS WHY SUPPORT STUDENT DANCES? Jerry & Del Reed (Rockledge, Florida)

Now that the new year is here there are going to be several student dances over the next few months. These dances will be sponsored by clubs, callers, and associations. A question often asked is: "Why should I go to these dances?"

For the new dancers the answer is quite obvious. In fact there are many good reasons to attend student dances. Many times the dance will be called by a caller other than the students' instructor. Often the dance will be in a different location and on a different night. There will be dancers from other classes and clubs also. The caller will use the moves a little differently and will introduce a different dimension to the moves already known by the dancers. The dance experience is extremely valuable to the new dancers and provides an opportunity to practice the moves already known.

The reasons for the club dancers to attend are not quite so obvious. They are, none-the-less, just as valuable. The student dances provide an opportunity for the club members to dance with the new dancers and to get to know them. The experience brought to the dance by the club members also helps to improve the overall proficiency of the dance. It also provides a chance for the students to see and experience some of the styling, dress, and courtesies exhibited by the club dancers.

Taken together, all of these factors add up to a strong argument for attending the student dances. If you are a club dancer think back to your first few "real" dances. Was it pleasant or not? Dancing at student dances with new friends and other students can make those first dances more enjoyable. If you are a student, try to overcome any reluctance to try something new, like dancing with other clubs and other callers. The experience will be VERY beneficial. TRY IT. YOU'LL LIKE IT!!!!

If you are unsure of what the caller will be calling, ask your caller for a list of the moves you know. Take this list to the student dance and ask the caller if you will be able to dance. If the answer is yes, join in the fun and ENJOY!!! If not, stay and watch the dance and enjoy the music, friendly people, AND FREE FOOD!

We hope to see you at a student dance soon.

Bye for now and see you in a square!! Jerry & Del Reed, Caller Lab

LINE DANCING AT THE BARN

Welcome to Joe O'Connell's Line Dancing Class at THE BARN on Wednesday mornings from 10 to 11:30! It's two dollars donation a lesson, and a lifetime membership to The Barn Dancers of one dollar. Membership in The Barn Dancers is a prerequisite for your dancing pleasure!

Joe and his wife Maggie, are from Boston. They met in an Irish Club in 1959 through her brother, who is a long time friend of Joe's. So they were married in 1965, and have had a dancing good time of it for thirty years!

They divide their time between Boston and Palm Bay by spending six months here and six months in Boston. This charming couple arrived in mid November, and head North in mid May. Consequently, his first class was held here on November 15th.

Joe has been a part time dance teacher for fifty two years! That's an outstanding record. He said he taught during the time he worked for IBM. He has been teaching line dancing for thirty years! "It's not new" he says. But, it certainly is popular nowadays! Look what we've been missing! Now is your chance to keep dancing and improve your health! Further, the one aspect of line dancing is you're on your own! No partner is needed. Just doing your own thing, and dancing along with the group, as Joe leads us in many great dance routines! Fun? YES! Exercise? YES!

So, tell all your friends about this great opportunity being offered at THE RARN.

We look forward to seeing you on Wednesday mornings for this enjoyable get together!

When Joe and Maggie aren't helping others with line dancing, they find time for cards, dominoes, and movies.

Oh! next month watch for more on the woman behind the scenes.

Happy New Year and great dancing to all!

Respectfully submitted,

Betty Wityak



WORD STUDY OF THE WORD

UNITY. The word UNITY is used only three times in the entire Bible. Once in Psalms 133 and twice in chapter 4 of the book of Ephesians: 4:3 and 4:13. In Psalms 133 we are urged to dwell together in unity and in Ephesians 4:3 "to keep the unity of the spirit:, while in 4:13 "we all come to the unity of the faith".

In Psalm 133 the Strong's Exhaustive Concordance gives (3162) the meaning of the word to be: Oneness, unanimity, one. In the New Testament the Greek word (1775) means alike, together.

It matters not what area of our lives we would like to relate this word to. It could be in our family, our work place, our church or our recreational activity. If any of these areas of our lives is to succeed then we must have unity.

Notice that the three verses relate to the total. We can easily see that the Psalms reference is to our PHYSICAL being as we are urged to dwell together in UNITY. Considering the first reference in Ephesians, we can see that our spiritual self is to be at one with the group. In Ephesians 4:13 the third part of our being, the mind, is referenced. Hence, we have complete unity in that the body, soul and spirit is urged to be in unity. This relates to the physical, intellectual and spiritual aspect of our lives.

It is interesting to study this "UNITY" in any area of our lives. It certainly applies to our marriage, our family and our jobs. I'd like to relate this to our own special interest - square dancing.

We have many clubs and they need to be in unity with one another. However, each club certainly has its own personality. It is this special, unique personality that causes the folks who are members of that club to unite with it. It is this unique personality that lends to the joy of visiting other clubs. The atmosphere, style and spirit of each club is different and these aspects are what makes the visit to their club enjoyable.

It is so important, however, to understand that all clubs need to work together for the common good. In the United States, each state is different in so many ways but all states unite for the common good of the whole. In fact, no state could long stand on its own. It is the same with square dance clubs. It is good to have the diversity we have among the clubs. We must realize that every club benefits from the success of the other. We must preach unity and never join in the negative. Certainly dancers will join the club they most identify with. That is good and will strengthen all clubs. The President's Council is an excellent place for unity to be shown among the clubs of Brevard. It is a great place for unity to start within clubs as we better understand one another and work together for the betterment of the whole.

FREE ADS

DID YOU KNOW
BREVARD HAS
FREE CLASSIFIED
ADS FOR YOU?
CALL 632-4747
TO PLACE YOUR FREE CLASSIFIED AD IN

Good Deal Magazine

and listen to
Good Deal Trading Time
on 91.5 FM every Saturday morning
from 9:30 - 11:00

Buy, Sell or Trade on the radio for free too!

NATURAL ALTERNATIVES TO OVER THE COUNTER AND PRESCRIPTION DRUGS

This month we will forgo the promised article on SAWBERRY PALMETTO and publish an article received from Don and Thelma Harvey. As you know these dear friends are battling demon CANCER. This demon hits many of our loved ones and is a scourge to our society. This article is intended to increase your knowledge about another natural alternative and is by no means intended to diagnose or treat an individuals health problem or aliments.

1922: RENE CAISSE ESSIAC

Controversy and intrigue still continue to shroud Essiac, striking a chord of anxiety in the hearts of the seriously ill who have staked their lives and expectations on the promise of its healing properties. Yet its clandestine quality gave the remedy its power. Had its secrets been revealed early in its long history would it have made such an impact on the lives of so many Canadians? For those new to the story of Essiac, here is a brief summary to date. Rene Caisse was a Canadian nurse who was born in Bracebridge, Ontario, in 1888. While working in a northern Ontario hospital in 1922, she noticed the scarred but healed breast of an elderly patient and questioned her about it. Some years earlier a Toronto doctor had diagnosed the breast to be malignant and a mastectomy was recommended. Instead the woman accepted the offer of an herbal tea prepared by an indian neighbor believed to be of the Ojibwa Tribe, also known as Chippewa. The nurse asked for and received the Indian herbal remedy which she later modified. That professional curiosity began a quest that was to last until her death at the age of ninety in December, 1978. Her life became one of frustration and turmoil, joy and high hopes, followed by bitter disillusionment. Much adulation and reverence by patients who recovered and endless questioning by society and some members of the medical profession.

When Rene's aunt, after using her remedy for two years fully recovered from an inoperable stomach cancer with liver involvement, and other terminal patients also began to improve, physicians put their signatures on two petitions requesting that nurse Caisse be given the opportunity to treat cancer cases in a larger way. Both were turned down by Ottawa's department of health and welfare. But word of Essiac's medicinal virtues kept spreading.

Many believe Essiac has helped them

Essiac is not a hoax or a fraud. To hear experiences described by the patients themselves cannot help but convince observers that dramatic and beneficial

(Continued on page 20)

WHERE TO SQUARE, ROUND

SUNDAY	MONDAY	TUESDAY	WEDN	
TITUSVILLE PARTNERS IN PROGRESS Sandrift Rec Center 6:00-8:15 C1 Dance & WS Skip Smith, Caller Information 267-8910 MELBOURNE CHAIN REACTORS "THE BARN" 3820 MINTON ROAD 6:00-8:00 A1 Class 8:00-10:00 A2 Dance & workshop Dale McClary, Caller Information 254-0150 CAMPFIRE DANCERS Chapter 082 4th weekend (STARTS ON A FRIDAY EVENING)	BAREFOOT BAY BAREFOOT BAY BAREFOOT BAY TWIRLERS 7:15-7:45 Early Rounds 8:00-10:30 Plus Dance Dale McClary, Caller Jim Runnels, Cuer Information 254-0150 ROCKLEDGE SPACE TRACKERS McLarty Rec Center Barton Blvd. 8:15-10:15 Class Whit Brown, Caller Information 452-1899 MELBOURNE "THE BARN" 3820 Minton Road 10:00 - 12:00 noon Plus Workshop Dale McClary, Caller YELLOW ROCKERS "THE BARN" 3820 Minton Road 6:30 - 8:00 PM Class 8:00 - 10:00 Plus Dance Jerry Reed, Caller Vince Furtado, Cuer Information 722-1664	MERRITT ISLAND PARTNERS IN PROGRESS Presbyterian Church Cone Road 7:30 - 9:30 A2 Dancing Skip Smith, Caller Information 267-8910 MELBOURNE SILVER SQUARES 1300 S. Airport Bivd. 7:30 - 8:00 Rounds 8:00 - 10:00 Plus Jerry Reed, Caller Vince Furtado, Cuer Information 777-3654 "THE BARN" 3820 Minton Road 10:00-12:00 A1 class Dale McClary, Caller Information 254-0150 "THE BARN" 3820 Minton Road Round Dance Class 1:00 - 2:30 Beginners 2:30 - 4:00 Phase II, III, IV Harold Wiles, Cuer Information 726-0716 "THE BARN" 3820 Minton Road Class 7:00 - 8:30 10 wk Sq. Dance Class 8:30-10:00 Mainstream Dance Colin Walton, caller Information 722-1664	MELE HOLLYWOC Community 7:30 - 8:00 F 8:00 - 10:00 Dale McClar Vince Furtac ROC! SPACE TRA McClarty Re Barton Blvd. 7:30 - 9:00 V Whit Brown, Information MELE "THE BARN 3820 Mintor Round Danc Phase III & 1:00 - 2:30 Pha	
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New square dance lessons start every 5 weeks. Tuesday and Wednesday classes.

AND LINE DANCE IN BREVARD

DURNE D SQUARES enter ounds Plus Dance , Caller

ESDAY

Cuer LEDGE

Class A2 Class Caller 52-1899

Center

Road

Wiles

26-0716

10:00 - 11:30 II, Inst. 68-9708

e Class

Caller , Caller 22-1664

orkshop M 54-0150 THURSDAY

BAREFOOT BAY

FRIDAY

SATURDAY

BAREFOOT BAY SPINNERS Community Center 12:45 - 2:45 Mainstream Dale McClary, Caller

12:45 - 2:45 Mainstrean Dale McClary, Caller Dominic Mallozzi, Cuer Information 254-0150

> ROCKLEDGE ACE TRACKERS

SPACE TRACKERS McClarty Rec Center Barton Blvd. 7:30 - 9:30 Rounds Class Bob Frye, Cuer Information 452-1899

MELBOURNE

PALM BAY
PPOMENADERS
"THE BARN"
3820 Minton Road
6:30 - 8:00 Class
0:00 Class

MELBOURNE

HARBOUR CITY SQUARES Eau Gallie Civic Center Highland Ave. 7:30 - 8:00 DBD 8:00 - 10:00 Plus 10:00 - 10:30 Advanced National caller each week Information 783-1670

ROCKLEDGE

CANAVERAL SQUARES McLarty Rec. Center Barton Blvd. 8:00 - 10:30 Plus Skip Cleland, Caller Information 632-1938

MELBOURNE

"THE BARN" 3820 Minton R

3820 Minton Road A2 FUNSHOP/DANCE 7:30 - 9:30 PM Non-standard (APD/DBD) Jerry Reed, Caller Information 633-1306

December 8th starts a new 6 weeks session on Non-Standard Plus. Fun starts at 7:00 PM and lasts until 8:30 PM Jerry Reed - 633-1306

ROCKLEDGE

SPACE TRACKERS McLarty Rec. Center Barton Blvd. 7:30 - 8:00 Rounds 8:00 - 10:30 Plus Whit Brown, Caller (1st & 3rd Sat) Guest Caller 2nd & 4th Information 452-1899

SATELLITE BEACH

Satellite Beach Civic Center 6:00 - 8:00 Class 8:00 - 10:30 Plus 1,2 & 3rd Saturdays Don Furnish, Caller Vince Furtado, Cuer Information 777-1896

MELBOURNE

"THE BARN" 3820 Minton Road 10:00 - 12:00 Rounds Basic - Beginning Harold & Dot Wiles

SATURDAY NITE LIVE Special as set up by callers/cuers Call for Information 722-1664/676-0927 See page 3

2-Step Dance last Sat. of month. 7:00-10:00pm Barb Cogswell Information 984-7186

1996

Mark Your Calendar

Two great days of A2 and C1 dancing - don't miss them!



DAVE LIGHTLY

A2&C1 Dance

THE BARN

Melbourne, Florida Mon. Jan.22 Thurs. Feb.1 2:00-4:00 PM A2 4:00-4:30 PM C1

Call (407) 722-1664 for information

DAVE LIGHTLY Waukee, lowa

donation

\$7.00/couple

FROM THE BARN KITCHEN

CANDIED DILL STRIPS

- 1 quart sliced dill pickles
- 2 3/4 cups sugar
- 1/2 cup tarragon vinegar
- 2 TBSP mixed pickling spices



Combine sugar and vinegar. Stir in drained pickles. Tie spices in a piece of cheese cloth and put in with the pickles. Let stand at room temperature for 4 hours, stirring occasionally. Put 1/2 pickles into jar, add spice bag, then rest of pickles. Pour syrup over pickles. Let stand in refrigerator 4 days for crisp pickles.

Submitted by Resa Leslie.

Submit your recipes to:THE BARN, 3820 Minton Road, Melbourne, FL 32904 FAX (407)727-7374

January

1996

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	no dance NEW YEAR!	A1-Round-Basic Colin Walton	Round-Line-plus Walton/McClary	Promenaders Dale McClary	Fun Shop Jerry Reed	A2 dance See Schedule
7		9	10	11	12	13
Chain Reactors Dale McClary	Yellow Rockers Jerry Reed	A1-Round-Basic Mainstream	Round-line-plus Workshop	Promenaders Ryan's Fund	Fun Shop	A2 Dance Mystery Trip
14	15	16	17	18	19	20
Chain Reactors	Yellow Rockers	A1-Round-Basic Mainstream	Round-line-plus workshop	Promenaders	Fun Shop	A2 Dance
21	22	23	24	25	26	27
Chain Reactors	Yellow Rockers DAVE LIGHTLY	A1-Round-Basic Mainstream	Round-line Plus workshop	Promenaders	Fun Shop	A2 Dance
28	29	30	31			
Chain Reactors	Yellow Rockers	A1-Round-Basic Mainstream	Round-Line- Plus workshop			

HEALTH MATTERS

VISIONS OF SUGARPLUMS

By Paul Durney DPM

At this festive time of the year when food and drink are abundant, people afflicted with diabetes can be put at risk. Diabetes is a systemic disease which affects circulation. Your feet are the farthest things from your heart so they get the least circulation of anything in your body. These are one of the first areas that can be affected by diabetes.

Loss of sensation is another aspect of the disease. Many diabetics lose feeling to their feet and legs. Pain is a necessary evil. If you stepped on a nail and did not feel it, you would not remove it. Swollen feet or bloody socks are sometimes the first indication that something is wrong such as an infection.

The process of healing can itself be affected by diabetes. A clean, well cared for wound in a diabetic can be months in healing or not heal at all.

This triad of problems can be seen in patients whose blood sugar is well controlled. However, studies have shown that these complications are more frequent and severe in those patients whose sugars are not well controlled. Some of the problems of diabetes are frequent thirst and hunger, frequent urination, having to urinate several times during the night, dizziness, numbness or coldness of the hands and feet.

Prevention of problems is the most important aspect of dealing with diabetes. It is recommended that diabetics see a foot doctor at least every two months. Medicare even recognizes the importance of preventive care and will pay for it. Anything that looks suspicious should be checked immediately. An ounce of prevention is worth a pound of cure.

Q. Why did the astronaut see his podiatrist?

A. A bad case of missletoe.

DEMO GROUP

The demo group of Brevard now has raised over \$200.00 for advertising square dancing in Brevard and Indian River Countries. John and Edie Klein contributed \$63! Edie made bead badge holders and sold them. She donated 100% of the sales to the Demo Group Advertisement Fund! When you see John and Edie (especially Edie) give them a big yellow rock and thank them. With folks like that, square dancing will be around a long time.

Please support these fund raising efforts! Your next opportunity is on January 11, 1996. Simply eat at Ryans Steak House and present the coupon on page 7. 10% of the ticket will be donated to the Demo Group Advertisement Fund. Come join the group on Sunday at 2:00. Next meeting is set for January 7th. Thanks to all who ate at Ryan's on December the 7th.

DR. PAUL C. DURNEY

Fellow American College of Foot & Ankle Surgeons
Diplomate American Board of Podiatric Surgery
Board Certified in Foot & Ankle Surgery



A FOOT DISORDER CAN EVEN MAKE ORDINARY THINGS DIFFICULT FREE INITIAL EXAM!

(Does not include X-RAY or treatment)

ANKLE & FOOT CENTER OF MELBOURNE

You do not have to suffer with chronic heel pain anymore! A new procedure, Endoscopic Plantar Fasciotomy, can bring you relief almost immediately! Two tiny incisions performed under local anesthesia and closed with one stitch is all that is needed to lengthen the ligament which provides the relief!

(Offer expires 12/31/95)

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OUR OFFICE POLICY IS THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR
PAYMENT HAS THE RIGHT TO REFUSE TO PAY, CANCEL PAYMENT OR BE REIMBURSED
FOR PAYMENT FOR ANY OTHER SERVICE OR TREATMENT WHICH IS PERFORMED AS A
RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE
FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE, TREATMENT OR

EXAMINATION.

952-1234

SPECIAL DANCES AT THE BARN

December 30 A2 New Year's Dance Party. Dale McClary and Jerry Reed. 7:30 to 10:00 PM.

December 31 Second Annual New Year's Dance. Tickets to the 1996 New Year's Dance will be available December 31, 1995!

January 24, 1996 Gary Shoemake, Resident caller/manager of English Mountain Square Dance Resort will call at THE BARN. He is a super caller and a recording artist on Chaparral Records. More information in a later issue of THE BARN OWL. Plus 7:30 - 9:30, Advanced 9:30 - 10:00

February 15, 1996 Mac McCall Promenaders Guest caller with Dale McClary THE BARN 8:00 - 10:00 PM

February 17, 1996 Second Annual Sweetheart Ball Dance. Saturday from 7:30. Callers Dale McClary and John Saunders. Cuers are Pete and Jan Shankel. Tickets go on sale Jan. 1st, 1996

(Continued from page 13)

changes definitely took place in many but not all, of those who received the remedy. Although the focus on Essiac has been as a cancer treatment it alleviated and sometimes cured many chronic and degenerative conditions because it cleanses the blood as well as the liver and strengthens the immune system. It will continue to remain controversial until open minded and dedicated scientists and even lay researchers unveil and explore the unknown essences that create Essiac's healing madic.

Treating the whole person

Research has moved forward a long way since Bracebridge in 1922. We now know that cancer patients, even if taking chemotherapy or radiation therapy, can benefit enormously from herbal treatment. There are many more efficient herbs to help the liver cast off accumulated toxins. We now know of plants capable of boosting the immune system, plants which have been shown to inhibit metastases, plants which have an anti-tumoral effect and still other plants which work directly as cleansers for the lymphatic system. The danger of limiting oneself to a single formula to treat cancer is this, there are many forms of cancer and they affect the body and its systems in many different ways. By receiving personal attention from am herbalist, there is a much greater probability that appropriate herb's can be chosen which are especially suited to the particular sufferer. Moreover the holistic herbalist is committed to looking beneath the symptoms to correcting the faulty or destructive diet or lifestyle which underlies the body's final protest to working with the patient in all aspects of his mental and spiritual struggle: in short, to treat the person as a whole, not the disease as an entity.





Lutzs, Greens, Minton, Yusts, Alcorns Kliens are pictured left to right. On the left is the crew that decorated THE BARN for Christmas. It must have been right as there have been a lot of compliments. Thanks to all for working to make this another successful Christmas season at THE BARN.

On the right is a part of the pile of toys brought by the dancers at the Toys For Tots Dance held at THE BARN. The Palm Bay Promenaders and the Yellow Rockers did a great job again. We hope that next year will be even bigger. The Salvation Army was real pleased with our efforts.

BREVARD GOVERNMENT IN ACTION

1995 accomplishments and 1996 Goals

The biggest accomplishment in 1995 was the reduction in the millage rates for the General Fund in Brevard County. Although this cut is small, it is a step in the right direction of lessening the burden of government upon the citizens. The elimination of tax increases has come during a period of rising costs in some areas, and has been achieved through combining management functions and reducing regulation and expenses. The Commission is beginning to set priorities in its budgets and follow through on those priorities, increasing some biddets while decreasing others. This is a great improvement over last years budget.

My goals for my final year in office in 1996 concerns much of the drainage problems which surfaced in the aftermath of Hurricane Erin. Inadequately sized pipes, combined with overgrown canals, caused backups in many of our major drainage basins. The projects which need to be completed (many have been under way since the hurricane) include clearing the Crane Creek system canals, up sizing pipes in the Melbourne Golf Course area, Wickham Road, and the West Eau Gallie area, reworking the Horse Creek drainage area, setting up increased drainage to the west to relieve LampLighter Village and John Rhoad Boulevard, and working with FEMA on roads with continuous flooding problems, such as Harlock, Lytton, and Carlton. We will also be working with the Melbourne-Tillman District to increase capacity in the Tillman canals through West Melbourne and June Park as well as Minton Road. I am attempting to have an equipment crew set up, which will do nothing but clean ditches and canals throughout the year, to achieve a true Preventive Maintenance program.

The drainage problems are not insurmountable if we get the cooperation of the State agencies involved in the permitting process. We have a large list of problems stemming from the storm, and it is my hope all of these will either be completed or be set for construction before I leave office in November of 1996. Brevard County is working with the St. Johns River Water Management District to establish a model of all of the present drainage patterns in the county and to develop a plan to correct deficiencies.

Sincerely,

Scott Ellis County Commissioner District V

Your comments are solicited on this and all articles in THE BARN OWL. We try to make it a publication for Dancers in Brevard and surrounding counties to enjoy and provide desired information of interest to their lives.

CLUB EROSION

THE CLUB OFFICERS:

The following are typical examples of failures of club officers that contributes to club erosion:

Club officers have no interest or desire to obtain the knowledge or expertise required to successfully lead a non-profit social club.

The Officers blame the Caller/Cuer/Members for club problems.

Neglect to appoint/reappoint committees upon election.

Fail to conduct an annual review of the governing documents, contracts, policies, etc. (permanent club records).

Do not plan, prepare, distribute and maintain an annual club calendar.

Do not promote special club activities to assure club unity, cohesiveness, fun, fellowship and assure the appearance and recognition as a top quality square dance club. These special activities could include, visitations to other clubs, banner retrievals, theme dances/parties, presentation of or earning fun badges.

Do not promote club publicity in local, area, state, national media.

Do not promote activities as a "total club" function in lieu of only "part" of the club. Visitations to other clubs, retrievals, nursing home visits, exhibitions, and other activities are many times instigated on short notice (lack of advance planning) and only a few members are asked to participate. When one square of volunteers is obtained the asking or invitations stop and therefore it "ceases" to be a "club" function. It becomes a function for only the few volunteers. The rest of the club may find out about what took place later by some means and will probably feel "left out". If the club is going to perform, let it be offered to all club members. Wouldn't it look great for the club image to go visiting with five or six squares rather than with one square?

Do not promote or support area association activities and other club specials. It appears to be much too far for the club to travel 50 or 60 miles to support our sister clubs, but we sure expect dancers from these areas to support our club specials.

Do not plan and prepare for club announcements. Most dance night announcements are not planned in advance and are made extemporaneously thereby omitting many items that should have been covered or causes the giving of incorrect data.

Do not bid welcome and farewell to visitors and members each dance night. Do not plan for the education/training of class and club members and officers, teaching club and class members about the square dance movement, activities, club operations, members and officer duties and responsi-

(Continued on page 23)



(Continued from page 22)

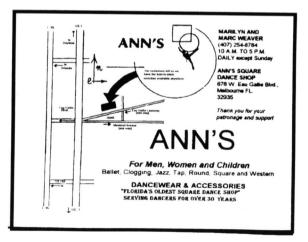
billities, club history, area and national organizations, national square dance conventions, etc.

Do not prepare a class plan or assure the implementation and execution of an adequate class recruiting plan.

Do not prepare and distribute square dance handouts to class so that class members may learn the customs, procedures, do's and don'ts, etc.

Do not distribute Constitution, By-Laws, Policies, Roster, etc. to new club and class members.

Next month we finish up the CLUB OFFICERS responsibilities.



COPPLES

984-8749

1905 South Babcock • Melbourne, Florida 32901



Nancy of the Salvation Army receiving the cash (\$183.00) raised by the Yellow Rockers and Palm Bay Promenaders at the Toys For Tots Dance. A large pile of new toys was also presented to the Salvation Army. It was a great effort by all in attendance. Thanks to all dancers who came.

WE OUTFIT WINNERS!

~WESTWARD-NO SOUTH*"*

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Present and Future of Square Dancing

The 10/10C classes at THE BARN has added over 6 new squares of dancers to Brevard County in the last 9 months. Pictured above are David and Linda Hudson and their granddaughter Lindsey Shellcrosslee. They dance on Tuesday and Wednesday, It is so rewarding to see the new dancers learn the new movements We thank the angels who come out and help. We invite all clubs to not only come and angel the classes but to encourage new dancers to join the classes. With new classes starting every 10 weeks on Tuesday and every 10 weeks on Wednesday. new dancers don't have to wait (and lose interest) for the yearly classes that are normally offered by the clubs. By staggering the 10/10C classes we can offer new classes every 5 weeks. In addition, a new class is being formed on Thursday afternoon at 2:00 PM for folks who don't like to drive at night. We encourage you to encourage your friends and neighbors to join these classes. If you have any questions or suggestions, please feel free to call THE BARN at 722-1664. We are fortunate to have Colin Walton and Dale McClary willing to teach these classes. It isn't done for the money. It is done for the love of square dancing. If we all give a little, we will see a lot returned.

PROMENADERS SUNSHINE CORNER HAPPY NEW YEAR TO ALL JANUARY BIRTHDAYS

Jan. 03 D	ominic Mallozzi	Jan. 19	Hilda Taylor
Jan. 04 Vo	ona Brown	Jan. 20	Vic Moss
Jan. 08 Fr	red Bedard	Jan. 22	Pat Menke
Jan. 08 Jo	hn Edminston	Jan. 23	John Soucheck
Jan. 08 W	landa Irwin	Jan. 26	Pauline Wilson
Jan 15 K	enneth Fuller	Jan. 90	Stan Crowhurst

JANUARY ANNIVERSARIES

Jan. 01 Bill & Juliet Mauldin

Well here I am back once again as your Sunshine chairman after a year absence. It's hard saying "no" to such nice people here at the Promenaders

NEW SLATE OF OFFICERS FOR 1996

JACKY MINTON
JOHN & EDIE KLEIN
CARL & EILEEN NOREN
TONY & GENEVA CICCONE
PAULINE WATSON
VONA BROWN
BILL & PAT LUDWICK

Olivia Mallozzi was hospitalized in December with a heart attack and angina pains, followed by a catherization. We will update you later on her condition. Lettie Cannavino is still recuperating at home, going twice a week for therapy. She is doing very well, and is confident that she will be back dancing soon. She wishes to express her appreciation for all the cards, telephone calls and your prayers during this difficult time.

I talked with Jim Taylor and he is still doing well and they expect to be back dancing during the holidays. Great news!

Let's continue to remember our shut ins with a telephone call and especially in our prayers.

Please keep me in informed of anyone who is ill, or in need of a Sympathy card

In closing, always remember "One of the most attractive things you can wear is a smile!

VONA BROWN - 723-9467

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YELLOW ROCKERS

Our Yellow Rockers reporter is on vacation so filling in this month is your newly elected president, Otis & Linda Lutz. We miss Bill and Pat Ludwick but hope that they are having a great time with Bill's Mother in Arizona.

We have a lot of things that we plan to do for this new year. Our new banner raid person, Connie Plummer, has some very exciting "mystery trips" planned for the year. The first one will be on January 13th. We will leave THE BARN at 4:00 in the afternoon. It is a supper trip and then on to the dance. Connie has stated that anyone can go with us as long as we know in advance. If we can get a count, we will try to get some 15 passenger vans to take us. We got the vans in the past for about \$65.00 with gas. So a mystery trip would cost about \$6.00 per person. That is cheaper than driving and a whole lot more fun. We will have a program for the trip over so no one will be bored.

Another new program note for the Yellow Rockers monthly special dances, we will have a short program of entertainment. The first one will be a skit conducted by Ken and Donna Lummel. I have seen a preview and it is hillarious. You may even get a chance to "act" in this program or a future one. We hope that you will get a kick out of the new events. By the way, the Yellow Rockers dance schedule for the year is available. Please pick one up. One is published in this issue but it is very small.

It has been suggested that we have a float in the 4th of July Parade. We have a volunteer who can get us a trailer. We can have a great year with a lot of different activities.

Earnie Lutz has been undergoing numerous tests on his heart. He stays out of breath. We hope all is worked out soon. His birthday is Feb. 12 and we are having the annual bash on the 11th. His birthday is the 12th but we have, like last year, a crowd coming from afar to celebrate. We will have an announcement soon on the event.

December was a great month for the Yellow Rockers. The Christmas Dance was great with delicious food and plenty of it. The Yellow Rockers and Palm Bay Promenaders did a great job on the Toys For Tots Dance.

BIRTHDAYS JANUARY

Jan. 15 Ken Fuller

Jan. 25 Asher Flint

ANNIVERSARIES JANUARY

Jan. 8 D. J. Mitchell

LEARN and DANCE

NON-STANDARD

(APD/DBD)



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