

FEBRUARY 1999

THE

BARN



OWL

THE BARN

3820 Minton Road
Melbourne, FL 32904

Otis & Linda Lutz - Editors

Jack & Zonie Taylor - Members of the Board

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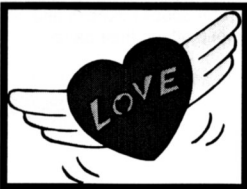
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"He sees all and gives a hoot"



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FROM THE LOFT



Can you believe it! This is the February Issue! The Y2K will be here before we can get ready.

We were really pleased with the many positive comments we received from the 18 squares that danced at the 1999 New Years Party. Everyone said they had a great time. We are busy

working on the Y2K Bash now. As promised to those purchasing the 1999 tickets, we will hold selling tickets to anyone else until July 1st, 1999. After that the tickets remaining will be sold on a first – come, first – served basis. So, if you had tickets to the 1999 dance, and wish to purchase Y2K tickets, please bring your old ribbons and purchase your tickets to the Y2K celebration ASAP.

We have had two very nice articles in the local papers already this year. On Jan. 12th we had Jack and Zonie Taylor teach our 10/10/10 class for us and there were over three squares there. With the very favorable publicity, we have already had two squares sign up for the Jan. 26 class. In addition, Linda and I, on Jan. 15th, started a new youth class at the Westside Elementary School in Palm Bay. We are forever optimistic that we can get a group going patterned after the Maycroft Square Tapers that are so very popular at all the National Conventions.

Mac McCall will be here for the Memorial Dance in Feb. Feb. 7th is the Memorial Dance this year at 2:00 in the afternoon. As usual, we will have cake, ice cream and other goodies. We use this dance to honor and remember all our friends that are no longer with us. For many dancers, Linda and me included, it is our favorite dance each year. We have a mini family reunion and my family dances as best they can with the dancers attending. Please feel free to do the same.

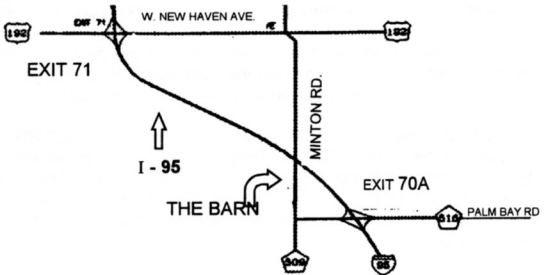
We get many letters and lots of E-Mail from callers wanting to call at THE BARN. If we had support we could offer special dances with these national callers. To date we have not had much support for special dances and we do not think it is fair for callers to come and no one attend their dance.

There is a survey being circulated asking you to comment on the dates of

(Continued on page 4)

SATURDAY AT THE BARN

Jan. 23	Skip Smith – A2 Dance/C1 Tips 8:00 – 10:30
Jan. 30	C3 Dance Dave Hodson Doug Bennet 9:00 am–11:00PM
Feb. 6	Sweet Heart Ball – Mac Mcall – McClary - Lutz 7:00 – 10:30 Plus Dance with A1/2 tips
Feb. 13	Contra Dance – Live Band – 7:00 – 11:00
Feb. 20	White Elephant SALE 9:00 AM – 3:00 PM
Feb. 27	Skip Smith – A2 Dance/C1 Tips 8:00 – 10:30
Mar. 6	C3 Weekend Fri – Sat – Sun Caller Tim Scholl Contact Doug Bennet for information
Mar. 13	Contra Dance – Live Band – 7:00 – 11:00
Mar. 20	Lee Kopmann C2 weekend Friday and Saturday
Mar. 27	NEW!! Swing Night 7:00 – 12:00 Midnight Contact Laura Beers 727-2457 for information
Apr. 3	5th Anniversary at THE BARN. MC Otis P. Lutz Various callers and cuers. 7:30 – 10:00 Mainstream Plus Dance with Rounds and Mixers
Apr. 10	Contra Dance – Live Band – 7:00 – 11:00
Apr. 17	Jerry Reed C1 Dance 7:30 – 9:30 PM
Apr. 24	NEW!! Swing Night 7:00 – 12:00 Midnight Contact Laura Beers 727-2457 for information
May 1	C3 Dance Contact Doug Bennet
May 8	Contra Dance – Live Band – 7:00 – 11:00
May 22	Jerry Reed C1 Dance 7:30 – 9:30 PM
May 29	NEW!! Swing Night 7:00 – 12:00 Midnight Contact Laura Beers 727-2457 for information



(Continued from page 2)

for moving the dates to earlier in spring so that more people will be around for attending the convention. The snowbirds, and many of the Florida Dancers, have already left for home or on vacations by May. You have a vote in what happens here. We have forms at THE BARN and all CFA Reps can supply you with ballots. Please take time to let your views be known. While you are thinking about it, let's all fill out the registration form for this years State Convention. I think you will find that it is a very good convention. There are a lot of folks who are putting in a lot of time to see that you will have a GOOD time. The SEW & SAVE has a lot of good folks working to see that this is a one-of-a-kind event. We have a long way to go to bring it to completion, but with the folks that we have committed to it, we feel certain that it will be all that we have advertised.

Each year the Central Florida Association selects a "Couple Of The Year". This award is given to the couple who contributes greatly to the square dance movement. Recipients in the past two years have been Jack and Barbara Hoffman who worked tirelessly on the "Go for the Magic" national Convention in Orlando. Prior to the Hoffman's Jim and Jan McConnaha served as General Secretary of the national Convention and are now serving as the General Chairman of the 99 State Convention received the award. The BARN OWL is happy to nominate for the Couple of the Year for 1999 Jack and Zonie Taylor.

We know of no couple who have worked so hard for so long for the good of square dancing. There is no office in a club they have not held. They have been active in all levels of square dancing and, indeed, have contributed greatly at both the local and national level.

Jack and Zonie started dancing In 1967, with a brief break from 1972 to 1982 while they were overseas. They are the current President of the Partners in Progress Club in Titusville. They have just completed their tour as President of the Florida Federation of Dancers and are the current Vice President of the United Square Dancers of America. While serving as the President of the Florida Federation of dancers, they traveled over 30,000 miles spending at least a week in every one of the five state association. They have tirelessly championed the cause of square dancing within the square dance community and within the general population through the community dance program. Indeed, they have worked on every National Convention since 1983!

Jack and Zonie are members of the board of the BARN DANCERS. Jack teaches a class in his home in Cocoa. They attend contra dances where he encourages new dancers to become associated in the square dance movement. Jack and Zonie deserve to be awarded "Couple of the Year" by the CFA. Jack and Zonie work continuously with new dancers to make the learning period an enjoyable experience.

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NATURAL ALTERNATIVES TO OVER THE COUNTER AND PRESCRIPTION DRUGS

Your Own Perfect Medicine by Martha Christy

Clearing Up the Misconceptions

If you asked a person on the street what uric acid is, he or she would invariably answer that it's a toxic body waste. Not so, say medical researchers at the University of California at Berkeley who in 1982 reported they had discovered that "uric acid destroys body-damaging, cancer-causing free radicals and is considered to be one of the physiological factors that enable human beings to live so much longer than other mammals."

But what about urea? Urea is in urine and isn't that the toxic stuff that causes uremic poisoning? Actually, medical researchers discovered many decades ago that urea, far from being a toxic body waste, is an incredibly versatile, far-reaching and effective medicinal agent. In numerous medical studies, it was shown that urea is one of the most potent non-toxic virucidal agents ever discovered. In one particular study, the rabies and polio virus [sic] were killed so quickly and efficiently by concentrated urea, that even the laconic researchers themselves were surprised: "Urea is such a relatively inactive substance and certainly not a protoplasmic poison such as are most virucidal agents, that it is in a way surprising that rabies and poliomyelitis are killed so easily by urea solutions" (McKay & Schroeder, Society of Experimental Biology, 1936).

In reality, Urea is an FDA-approved medicinal agent that doctors and researchers utilize in an amazing variety of therapeutic modalities. Because of its remarkable and comprehensive anti-neoplastic (anti-tumor) properties, it's presently being used in anti-cancer drugs and is extensively studied for use in cancer treatments. The urea compound drug, glicazide, is used successfully by the medical establishment in treating both insulin-dependent and non-insulin-dependent diabetics.

As a natural diuretic, urea is unparalleled, and is a proven and accepted treatment in cases of edema or swelling such as excess cerebral and spinal pressure, glaucoma, epilepsy, meningitis, even premenstrual edema and many other disorders in which excess fluid is a problem. As one American neurosurgeon reported regarding a patient who nearly died from complications following brain surgery: "Urea was administered intravenously as an emergency measure. Within 20 minutes from the start of injection, her blood pressure had returned to normal....from this time on her recovery was uneventful. In this case, urea was definitely life-saving, because prior to its administration, the patient's survival was unlikely. In many similar instances urea was found to be life-saving" (Dr. M. Javid, University of Wisconsin).

The Physiological Answer to a Therapeutic Mystery

The medical findings on urine and urine constituents are overwhelming, and yet it's difficult for most people to understand why our bodies excrete elements that are so obviously valuable to human health and well-being.

The commonly-asked question, "If your urine is so good for you, why does your body excrete it?" is best answered by looking into how our kidneys function. As your blood moves through the circulatory system, it flows through the kidneys at a rate of about 1200 ml of blood per minute. Inside the kidneys, the blood is continuously filtered through a huge system of minute tubules called nephron which sift out excess water, vitamins, minerals, enzymes, salts, and hundreds of other elements including vital antibodies, urea and uric acid.

A large portion of these key physiological elements are reabsorbed into the bloodstream, but a certain amount of critical blood constituents are pooled by the kidney into a liquid which doctors refer to as a "plasma ultrafiltrate" (we call it urine). Much of this sterile, nutrient filled ultrafiltrate, or urine, is reabsorbed and some remains in the kidney for a period of time and is eventually released into a tube called the urethra which empties the urine into the bladder where it is finally excreted. Now you're probably wondering why the body excretes valuable nutrients, water, hormones, enzymes, etc. that are critical to body functioning. Doesn't it make more sense to retain these elements? If urine is a collection of such life-sustaining elements, why does the body get rid of it?

The answer is that the kidneys excrete a portion of urine as a way of removing certain key elements in your blood that are simply not needed at a specific point in time. For instance, you've just been

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WHY SUPPORT NEW DANCERS

February 1999



**Jerry & Del
Reed**

We have all heard it before "New Dancers Are The Life Blood of Square Dancing". This is very true and we suspect that no one would disagree. The question is.. "Where do we get new dancers?" It seems to us that most (dare we say ALL) new dancers come to square dancing by way of a new dancer class. These new dancers are some of our most enthusiastic supporters. They are enjoying this great activity and making new friends. We would like to see each of you share in the joy of helping new dancers join us. It often concerns us that many club dancers consider helping the new dances as "boring", or "not much fun". While this may be true to some degree, it is just as true that helping new dancers can be very rewarding.

Do you remember when you were going through square dance class? The feeling that all eyes are on you and that every mistake is your fault. Many of us who have been dancing for some time tend to forget these early days and the feelings that we had. How about going to your first "big" dance? I still remember going to a "JAMBOREE" in the Philippines. Fortunately there were many square dancing friends there to help us through that first dance. I thank each of those "angels". They were there to help us through each class session and then with our transition to the club. How many of you have had this same experience?

At one time we were all "new dancers". That is the only way to become a square dancer. Now it is our turn to help the new dancers coming into the activity now. I have always had the highest regard for the dancers who help with the class. There are instructors who do not encourage angels to attend and help. I have always encouraged all club members to help with the class. I see many benefits in this. One major benefit is the fact that the

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out jogging. You come home and have one or two big glasses of water to drink. Now at this point you've probably taken in more water than your body actually needs. But not to worry -- your kidneys will balance the amount of water delivered into your bloodstream by your copious water drinking and through the urine will excrete whatever amount of water from the blood that isn't needed at the time. Now water is certainly a life-sustaining element the body cannot do without. So why is it excreted from the body? The answer is obvious. There are times when there's too much water in your system and it needs to be excreted.

It's a physiological fact that in order for us to function normally, the amounts or concentrations of every element in our blood must be carefully and strictly controlled and this is done by the kidneys. Too much water in the blood is fatal. Too much salt in the blood is deadly. As wonderful a nutrient as vitamin C is, too high a concentration of it or any nutrient could kill you. This is why the kidneys excrete valuable elements from the body -- too much of any good thing isn't good for your health.

The same is true of urea. People who have heard of uremic poisoning are surprised when they read the medical research showing urea to be a widely-used, FDA-approved medicine. But just like any other element in the blood, urea only becomes dangerous to the body when the kidneys are damaged or diseased and can't properly balance the amount of urea (and all other substances) in the bloodstream.

Your kidneys aren't doing damage to your body by getting rid of particular excess nutrients, they're just simply excreting the precise amount not presently needed by your body at a given time. And the same goes for practically every nutrient, enzyme, hormone, antibody, etc. that are critical to your survival -- the kidneys keep what your body needs at a certain time, and excretes what it isn't momentarily using into your urine. And as medical scientists and doctors have discovered, these urinary ingredients extracted from the blood can be therapeutic magic bullets.

A Billion Dollar Industry

Despite what the public has been led to believe about urine, pharmaceutical companies have grossed billions of dollars from the sale of drugs made from urine constituents. Pergonal, a fertility drug made from human urine, earned a reported \$855 million in sales in 1992, and sales (\$1400 a month per patient) have increased yearly. Urokinase, a urine ingredient, is used in drug form and sold as a "miracle blood clot dissolver" for unblocking coronary arteries. Urea, medically proven to be one of the best moisturizers in the world has been a boon to cosmetic companies who package it in expensive, glamorized creams and lotions. Ever used Murine ear drops? They're made from carbamide -- another name for synthetic urea.

When you look at the real facts, the tragedy of the general disinformation campaign on urine is surpassed only by the irony of our unwitting, and often incredibly expensive purchases of what we all mistakenly but firmly believe to be our bodies' "useless" and "offensive" waste-product, urine.

New Acceptance for a Misunderstood Therapy

Because of the nearly all-pervasive public misunderstanding about what urine is and how it can be of immense medical benefit to us, the often amazing anecdotal stories of healing and survival via urine have been routinely ignored, ridiculed or have been written off as "old wives' tales." But when people learn the real facts, these stories take on a significance that not even doctors are now willing to ignore.

Since the first release of *Your Own Perfect Medicine*, rather than the doubt and derision I expected to encounter, I was amazed at the tens of thousands of people who have willingly accepted the information in the book. Many people (including doctors) have come forward to tell me about their own experiences or about news stories they've read that tell about using urine medicinally and in survival situations:

Dr. David G. Williams, *Alternative Newsletter*, August, 1994:

"Several months ago I watched the movie *Alive*. It's the true story of a South American soccer team whose airplane crashed in snow-capped mountains in the dead of winter. The team was stranded for a couple months and survived only by eating the flesh of those who had died either during the crash or later from injuries. A portion of the movie focused on two individuals whose initial wounds progressed into serious infections. Knowing no way to treat these two, the survivors could only attempt to comfort them. Eventually the infection led to death. Watching the intense suffering of these people made me wonder if there was more that could have been done to save them. I now feel it's very possible that these two people, and thousands of others around the world would still be alive

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**DALE McCLARY'S
1998 CALLING SCHEDULE**

Barefoot Bay:

Monday 8:00 – 10:00 – Twirlers

Thursday 12:45 - 2:45 - Spinners

THE BARN:

Wednesday Plus Workshop 6:30 PM

Friday DBD 10 – 12:00

Thursday 8 PM Promenaders/lessons 6:30 PM

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CANAVERAL SQUARES FEBRUARY



Iver & Mary Duedall

Hello everyone! We are so very proud of the tribute paid to our two club members, Rosalie Turner and Asa Clark, who received "The Circle of Service Award" by their peers at our December 18th dance. They were honored with the merited award for the many years of significant contributions they have both made to the square and round dancing movement. This tribute, Asa said, "was a tremendous honor for us to have received". Congratulations to both of you! Your generous contribution of time and energy to our community and state activities to promote this movement is greatly appreciated.

The Space Trackers brought nearly three squares for a raid on the evening the Award Pin was presented to our surprised friends, Rosalie and Asa. The hall burst with pride for our honored couple since they are also club members of the Space Trackers. Our caller and cuer, Skip Cleland and Vince Furtado are among the admirers of this enthusiastic couple and it showed in their music that night. Lots of tunes near and dear to Rosalie and Asa were performed that evening.

For our December 4th, deck the Tree Dance we were happy to see so many smiling faces of the Yellow Rockers come around for a banner raid. Such a social evening we had along with dancing and, naturally, snacking. Our tree was sparkling with decorations the Washington Square Home, of Titusville, enjoyed over the holidays.

As past Presidents of the Florida Callers Association, our caller and his wife, Skip and Jennifer Cleland, are already working one of their 1999's resolutions--remodeling their kitchen and patio. Naturally, Skip took the opportunity to initiate their new patio concrete slab by having the club member's square up and dance at their New Years day party for us. It isn't every day that one sees Skip in his special bright blue planetarium T-shirt calling tips! It was an efficacious occasion to celebrate our new Board of Officers and the New Year.

Our Board of Officers for 1999 are: President Team--Cecil and Jean Faulk; Vice-President Team--Jim and Jane Hart; Secretary--Joan Cleland; Treasurer Team--Terry and Chris Zack; and Class Coordinator--Asa Clark. Mary Duedall will be assisting Joan with the newsletters and faxes to the newspapers.

Our reigning King and Queen on the February 12th Sweetheart Ball will

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friends, not a group of strangers. Another benefit is the camaraderie and good feelings which can be formed between the club and class members.

There are many members who are able and willing to attend the classes and to help out. Some of these great people are there almost every class. Others come whenever they can. Unfortunately, there are some who do not attend at all. Some perhaps, can not make it to the class as early as we start. Others may not feel welcome at the class. Still others may feel they are "too good" to attend and help with the class.

Do you help with the new dancer classes? Do you go to new dancer dances? I would like to invite each of you to come to the Yellow Rockers class to help out. If you are coming to the club to dance, why not come a little early and join the class in a square? If you do come in while the class is going on, why not join in and fill in a square, or start a new square? The new dancers will be thrilled that you are joining them, rather than making them feel like they are "on display".

There are several new dancer dances coming up soon. Please plan to attend one or more of these dances. The new dances will appreciate the support and you may enjoy yourself too. The enthusiasm of the new dancers is one of the things I enjoy very much about teaching square dancing. We have a very fine class this year and are looking forward to some fun nights and great dancing during our class sessions. We are also looking forward to the new dancer dances and to having you join us.

Bye for now and see ya in a square!!!

Jerry & Del Reed

New Class Dance

On Sunday, Jan. 17th, 26 dancers and callers left THE BARN to travel to Port St. Lucie for a New Dancers Dance. Upon arrival at the New Pt. St. Lucie Community Center, they joined over 12 squares of dancers for a 2 and 1/2 hour dance.

There were six callers there to assure that the dancers had a good time performing their newly acquired skills. As callers, it was a wonderful sight seeing dancers rush out on the floor to form their squares as the music started. It never took long to finish filling out the squares and for the fun to start.

12 squares of new dancers. And that was not all the new dancers currently taking lessons. The next Student Level Dance is Feb. 17 from 2 – 4 at THE BARN. We invite all dancers to come and join the fun.

PALM BAY PROMENADERS FEBRUARY NEWS



VONA BROWN

HAPPY VALENTINE from the Palm Bay Promenaders. A Loving Reminder - Be kind and love one another and enjoy our fellowship while we can. Remember those who are physically unable to dance with us anymore by giving them a call or a card.

THANKS to all the Promenaders for making my Birthday a memorable one. I was deeply touched. You are the greatest, I'm glad that there was plenty of cake to share with the Space Trackers who came to Raid.

Our brand new Officers were installed on Jan. 7. President: Don & Irene Stoderl, Vice- President: D. J. Mitchell, Treasurers: Carl & Eileen Noren, Ass't Treasurers: Andy & Gerry Musante, Secretary: Millie Veach-Saile. A big thank you to the outgoing Officers: George & DeLoris Gaffney

(who have served 3 terms as President), Tony & Geneva Ciecone, Treasurers, who have always been willing to serve as Treasurers and in any other capacity when needed. Also D,J, Mitchell serving as Secretary

Thanks to all our new members who have joined our club this past year, and for all those faithful renewing Members. Without members, our club would cease to exist.

Please mark your calendars for these Special Upcoming Dances for the Promenaders:

Jan. 28 - Stan Crowhurst's Inspirational 96th Birthday Party, sponsored by the Promenaders. Everyone that knows Stan & Margaret are invited. Don't miss this.

February 11 - Sweetheart Valentine Dance.

The New Year's Eve Dance here at the Barn was a spectacular affair. Lots of fun, good calling and the food was delicious. The caller's wives did a super job.

Welcome back to our northern friends, Chester & Audrey Dodge, and just in time to avoid all that snow & ice and to enjoy this beautiful Fl. weather.

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MARDI GRAS TIME IN '99

The Florida State Square and Round Dance Convention is just a wee over FOUR MONTHS away!

May we give you an overview of what's in store for you and yours comes May 28th, 29th and 30th?

FRIDAY, May 25th is check-in day at the Hotel/Motel/Campground of your choice. Convention activities commence at 7:30 PM in the Lakeland Convention Center. Parking this year is \$3.00 per day, but you can get unlimited in/out privileges for all three days for \$7.00.

FRIDAY evening dancing offers the following halls for your selection: Basic, Mainstream, Youth, Singles, Contra, Plus (All Singing Calls), Plus with Rounds between tips, All Rounds, and separate Halls for Advance One and Advance Two. If you need a little rest along the way, The Sewing Clinic will be in operation every hour that the Dance Halls are open, throughout the Convention.

SATURDAY, May 29th will open at 9 am with Workshops and Intros at all levels of dance from Basic to Challenge. After a lunch break, all halls will reopen at 1 PM until 4 PM for all levels of dance. Your evening meal will be followed by special entertainment in the arena at 6:30 PM. The Grand March starts at 7 PM. All halls reopen at 7:30 PM until we join together at 10 PM for Musical Highlights. This is After Party Nite, so have fun with your new and old friends.

SUNDAY the 30th is a special day, with Morning Devotions at 8:15 am, just prior to the Florida Federation Meeting (all Florida dancers are invited to visit) and the Florida Callers Association Meetings. The great BIG Fashion Show starts at 1 PM on the Mardi Gras Streets of our own New Orleans, in the arena. This one is S-P-E-C-I-A-L and a must see! Following the Fashion Show, all Halls will reopen at 2 PM until 4 PM for dancing at all levels (Don't forget the Sewing Clinic). There will be entertainment for you at 6:30 PM with the "Show Of Shows" Northeast Association KICK-OFF of the 46th Convention at 7:30 PM. All Halls are once again offering dancing from 8 to 9:30 PM, with Musical Highlights featuring your favorite Florida Callers taking off at 9:30 PM

The brand new Singer sewing machine will be given away on Saturday. If you did not get a chance to purchase your ticket for this wonderful machine, you can do it at the Sew & Save Clinic at the convention. There is always something going on at the '99 Sew & Save Clinic. Come on in. You will like it.

(Continued from page 11)

Our prayers and get well wishes goes out to Dick Wilson, who had Heart by pass surgery on Dec. 31. I talked with Pauline today, and she reports he is doing very well. He is walking around and giving her a rough time, so he is definitely getting better.

Jean Wyckoff has been having some serious health problems, and having some tests done to try and correct the problems. We're hoping she will soon be back dancing with us. We miss her & Stan.

Our sympathies & prayers are extended to Jerry Radliff in the loss of his brother.

Remember our square dance classes held each Thursday from 6:30-7:45 PM. Make Dale happy and come out and be an Angel and dance with the class.

Wayne Guice's Round Dance classes are held here at the Barn each Wednesday. Beginners class 2-3 PM. Phase 2-3 workshop 4-5:30 PM. (Learn new dances).

FEBRUARY BIRTHDAYS

02 Helen Lee	15 Jean Wyckoff	16 Geneva Ciccone
24 Marge Ayres	25 Irene Stoderl	27 Dottie Aubrey
27 Tom Fontaine		

FEBRUARY ANNIVERSARIES

Jan. 08 - Jim & D. J. Mitchell 06 Vic & Barbara Moss
25 Don & Irene Stoderl
(My apologies to D.J. Mitchell for leaving her Anniversary out last month)

BANNER RAIDS FOR FEBRUARY (so far scheduled): Feb. 11 - Yellow Rockers to Raid. Let's give our new BANNER CHAIRMEN - BILL & PAT LUDWICK our support on these Raids.

Please keep me informed of any news that you would like to share with our friends. Thank you.

"Laughter & Friendship are the best medicine." Dr. Patch Adams. Both are found in square dancing.

VONA BROWN (723-9467)- vobrown@juno.com

(Continued from page 9)

have their prospects met when they dance to the team of Vince and Darrell. Our cuer for the evening, VINCE FURTADO, will have those enchanting songs to entice you onto the dance floor. Guest Caller, Darrell Figg, has some special songs for this occasion that will surely add to your Valentine surprises this year! So come join us in this celebration of hearts!

Jean and Cecil Faulk, our presidents, are asking for your prayers and continued support for those in our club who are going through some trying times with health and family situations now. Cheer 'em up with a Yellow Rock, too! And while you are cheering up people, please cheer on our class, the current status and schedule of which may be obtained from our new class coordinator, Asa Clark, 407-633-4447.

As we are all still partaking of our New Years resolutions, right? Don't forget the one about supporting our square and round dancing movement by adding more dancing evenings to your winter fun resolutions. As always at this time of year, we are enjoying our snowbird friends stopping by for a chat and dance.

We enjoyed getting over to the Silver Squares, January 12th, to wish them a Happy New Year and snatch their banner. A delicious banquet table of goodies made a big impression on all their many visitors—a real enticement to "come again", I would say! Yes, these snowbirds gardening skills are as good as their dancing and cooking skills. What lovely flowerbeds they have around their park. Guess we take our flowers for granted being in Florida all year 'round. Ah, those rounds with those mesmerizing melodies! Naturally, Vince Furtado was teasing them with his introductory leads into his dance while his lovely wife, Camille, looked on with pride. Jerry Reed had a few mathematical quizzes for us as we danced (how much is 100 minus 96 for a square through figure and another was the square root of 9) Those ingrained answers flashed to mind allowing us to complete our move quickly. No nimble minds in this crowd!

There are two very special events planned in March, one being our special dance, listed below, along with the event The Presidents' Council of Brevard County pulled together for our enjoyment. The Second Annual All Brevard Square Dance Clubs Family Picnic, Sunday, March 21st where many Brevard County Club callers, cuers, actors along with great fellowship and food are planned. Check with your club president for tickets.

LOOKING AHEAD-SPECIAL DANCES: Our Valentine Dance, Friday, February 12th, is going to feature our Guest Caller, Darrell Figg, from Altamonte Springs, Florida and Vince Furtado as our cuer. March 19th's Leftover Leprechauns Dance as well as our April 2nd dance will feature a Guest Caller so stay tuned. Looking forward to our celebration when old friends stop by on April 9th, for our 39th Anniversary Dance.

WHERE TO SQUARE, ROUND A

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p><u>TITUSVILLE</u> PARTNERS IN PROGRESS Sandrift Rec Center 6:00-8:30 C1 Dance & WS Skip Smith, Caller Information 267-8910</p> <p><u>MELBOURNE</u></p> <p>C-1 Dixie Diamonds THE BARN 3820 Minton Road 2:30 - 4:30 PM Jerry Reed instructor 633-1306</p> <p>CAMPFIRE DANCERS Chapter 082 4th weekend (STARTS ON A FRIDAY EVENING)</p> <p>THE BARN Class Rounds 6:30 - 8:00 PM Phyllis Williams</p>	<p><u>BAREFOOT BAY</u> BAREFOOT BAY TWIRLERS 7:15-7:45 Early Rounds 8:00-10:00 Plus Dance Dale McClary, Caller Jim Runnels, Cuer Information 254-0150</p> <p><u>ROCKLEDGE</u> SPACE TRACKERS McLarty Rec. Center Barton Blvd. 7:30 - 10:00 Class Whit Brown, Caller Information 452-2679</p> <p><u>MELBOURNE</u></p> <p>YELLOW ROCKERS "THE BARN" 3820 Minton Road 6:30 - 8:00 PM class 8:00 - 10:00 Plus Dance Jerry Reed, Caller Vince Furtado, Cuer Information 722-1664</p> <p>LINE DANCING GPBSC 10:-11:30 AM Glenda Ortiz, Instructor Information 253-1564</p>	<p><u>MERRITT ISLAND</u> PARTNERS IN PROGRESS Presbyterian Church Cone Road 7:30 - 9:30 A2 Dancing Skip Smith, Caller Information 267-8910</p> <p><u>ROCKLEDGE</u> McLarty Rec. Center 7:30 - 9:30 PM Phyllis Williams, Instructor Information 267-5236</p> <p><u>MELBOURNE</u> SILVER SQUARES 1300 S. Airport Blvd. 7:30 - 10:00 Plus Jerry Reed, Caller John Swindle Caller Vince Furtado, Cuer Information 768-2217</p> <p>"THE BARN"</p> <p>Line Dancing 10:00 - 11:30 AM Glenda Ortiz Info 253-1564</p> <p>GRAND SQUARES 7:00-8:30 Class Otis Lutz, caller Information 722-1664</p> <p>MAINSTREAM 8:30 - 10:00 PM</p>	<p><u>MELBOURNE</u></p> <p>"THE BARN" Line Dancing Glenda Ortiz Information 2</p> <p>"THE BARN"</p> <p>PLUS Dance WORKSHOP 6:30 - 8:00 PM Dale McClary Information 2</p> <p>THE BARN Round Dance Wayne Guice 2 - 3:30 4 - 5:30 PH II - III with</p>

New square dance lessons start every 10 weeks on Tues

AND LINE DANCE IN BREVARD

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>MELBOURNE</u></p> <p>10:00-11:30</p> <p>53-1564</p> <p>54-0150</p> <p>Cuer</p> <p>teach</p>	<p><u>BAREFOOT BAY</u></p> <p>BAREFOOT BAY SPINNERS Community Center 12:45 - 2:45 Mainstream Dale McClary, Caller Information 254-0150</p> <p><u>ROCKLEDGE</u></p> <p>Canaveral Squares McLarty Rec. Center Barton Blvd. Round Dance Class 7:00 - 9:00 PM Vera Smith, Cuer</p> <p><u>MELBOURNE</u></p> <p>PALM BAY PROMENADERS "THE BARN" 3820 Minton Road 6:30 - 7:45 class 8:00 - 10:00 Plus Dance Dale McClary, Caller Wayne Guice, Cuer Information 722-1664</p>	<p><u>ROCKLEDGE</u></p> <p>CANAVERAL SQUARES McLarty Rec. Center 790 Barton Blvd. Plus Dance/Rounds Lessons 7 - 8:30 PM 8:30 - 10:30 Plus/Rounds Callers Skip Cleland, Jennifer harmonizing Vince Furtado, Cuer Information 635-8125</p> <p><u>MELBOURNE</u></p> <p>"THE BARN" 3820 Minton Road A2 FUNSHOP/DANCE 7:30 - 9:30 PM Jerry Reed, Caller Information 633-1306 A1 Class 6 - 7:30</p> <p><u>ROCKLEDGE</u></p> <p>COUNTRY WESTERN DANCING KNIGHTS OF COLUMBUS HALL 3435 S FISKE BLVD. Line and Couples Dancing MC and Instructor Curt Wiyse Teach 7:30 to 9:00 PM Requests 9:00 to 11:30 PM Phone 631-5759</p>	<p><u>ROCKLEDGE</u></p> <p>SPACE TRACKERS McLarty Rec. Center Barton Blvd. 7:30 - 8:00 Rounds 8:00 - 10:30 Plus Whit Brown, Caller Phyllis Williams, Cuer (1st & 3rd Sat) Guest Caller 2nd & 4th Information 452-2679</p> <p><u>SATELLITE BEACH</u></p> <p>ALLEMANDERS Satellite Beach Civic Center 8:00 - 10:30 Plus 1,2 & 3rd Saturdays John Saunders, Caller Vince Furtado, Cuer Information 676-5741</p> <p><u>MELBOURNE</u></p> <p>SATURDAY NITE LIVE Special as set up by callers/cuers Call for Information 722-1664 See page 3</p>

lay at 7:00 PM.

(Continued from page 7)

if they had been aware of the therapeutic effects of urine.

With urine therapy, you get all the benefits of urea plus the additional antibodies, vitamins, minerals, amino acids, hormones and more."

Dr. William Hitt, Clinica Hitt, Mexico

January, 1995

"Experience has shown that intramuscular injections of urine are the best methods for handling a myriad of immunological illnesses including psoriasis, basal cell carcinoma, asthma and many other disorders." Reuter Report

August 14, 1990

"Four Sri Lankan commandos who drifted in a boat more than 1,000 miles to Thailand after they had been ambushed and given up for dead were given a rapturous welcome when they returned home. 'They managed to survive on the boat by catching turtles and drinking urine,' a military officer said."

Kyodo News Service, Tokyo

July 30, 1990

"A male cook was pulled out of the rubble of the Hyatt Hotel early Monday morning, 14 days after a powerful earthquake devastated the northern Philippines, officials said. Dry, with only minor bruises on his body, he told reporters he survived by drinking his own urine."

At a time when new viruses and bacteria are outwitting even the best efforts of space-age medicine, and increasingly frequent natural disasters put basic necessities out of reach, the facts about the one medical and survival tool that the FDA can't regulate and that's always there when you need it most, may well become the greatest survival lesson any of us will ever learn.

* The author of this article, Martha Christy, is a medical research writer, natural health consultant and author of *Your Own Perfect Medicine*, as well as several other books on natural healing. *Your Own Perfect Medicine* is available for \$23.90 from FutureMed, Inc., Box 13837, Scottsdale, AZ 85265, or call 1-800-800-8849.

* Read Coen van der Kroon's best selling book on urine therapy (over 100,000 copies sold in Germany alone): *The Golden Fountain: The Complete Guide to Urine Therapy* (Amethyst Books/Gateway Books, ISBN 0-944256-73-2)

* 1998: Second World Conference on Auto Urine Therapy in Germany!! Information: Coen van der Kroon, Kinkerstraat 82-C, 1053 EA Amsterdam, The Netherlands, tel/fax: + 31 20 683 5510, e-mail: cvdk@knoware.nl

One Woman's Experiences

Just wanted to say how grateful I am to Martha Christy for writing her book. I was skeptical at first - who wouldn't be? But I have been suffering from rheumatoid arthritis for 7 years (I'm 34) to the point where I have been nearly disabled at times; hospitalized because of the pain at times; and unable to function as a mother to my newborn 3 years ago.

I started with "MY" own perfect medicine about 16 months ago, and within 3 days... yes THREE DAYS my aches were dramatically decreased, my swollen joints began 'unswelling' and over the past 16 months my 'sed' rate has dropped from an alarming 90 - 100 to about 27; almost normal!!

Just wanted to let you know that Perfect Medicine is RIGHT ON in my opinion. Now, if we could just get others to understand. No one in my family understands even the concept of it... so needless to say not even my husband knows I'm doing this. They all just think "it's a miracle" that I'm feeling so much better. Well, it is a miracle. My OWN miracle!

By the way, I have also used the therapy to relieve dry skin patches on my legs and face, and minor acne problems. Have also sprayed it into my hair on nights when my husband works... and left it over night. When I washed in the morning, my hair was soft and shiny, and the dry spots were much smoother. And minor acne all but disappears over night. I swear by this stuff!!!

Sincerely, Denise

BAREFOOT BAY TWIRLERS FEBRUARY NEWS

The first meeting of the Barefoot Bay Twirlers in 1999 was held on January the fourth in building A.

Our club would like to invite all plus dancers and those in plus workshops to join us on Monday evenings from 8 - 10. We have rounds between square dance tips and welcome round dancers also.

Our new Banner Raid Chairperson, Georgia Gallo, will be contacting the president or banner chairperson of the Promenaders, the Saturday Night Steppers of Lake Wood Park and the Allemanders of Satellite Beach. Each of these clubs have one of our banners and the Twirlers will try to arrange the visit to retrieve them.

Our club has been without a historian for over a year. We need someone to take photos and keep our albums for us.

Our "Welcome Home" dinner dance with the Barefoot Bay Spinners is always a successful event. When a profit is made we share the money with the Spinners. Therefore it is being considered that the Twirlers invite the Spinners to also share the responsibility of planning the affair by being represented on the planning committee in 1999.

Member, Toni Priore, has had successful treatment for a recent cancer is now suffering with swollen legs preventing him from getting around his home as freely as he would like. Toni and Pat have been faithful active members of the Twirlers for many years. We miss them.

We are planning a picnic for March 20 1999.

News from Silver Squares

Things are looking up at Silver Squares. Our president, Charlie Boyer and Doris have returned from the snowy north. Our banner chairman, Mary Litwhiler has told us that Silver Squares will be going out in earnest during the next month stealing banners and retrieving ours. We are enjoying our callers this year. We understand John Swindle will be in China during February, but we expect that Jerry Reed will keep us dancing while John is gone.

Come dance with us, you will have only two months left this season.

Carrie Smith, Secretary

FROM THE BARN KITCHEN

BROCCOLI SALAD

- 1 head broccoli
- 1 small red onion chopped
- 1 cup raisins
- 10 strips bacon – fried & crumbed

Mix all the above together

Dressing:

- 1 cup mayonnaise
- 1/2 cup sugar
- 2 tbs. red wine vinegar
- 1/2 tsp. salt

Mix with salad.

Top with 1 cup sunflower seeds.

Chill 1 – 2 hours before serving.

Send recipes to
THE BARN
3820 Minton Road
Melbourne, FL 32904
E-MAIL danceworld@net4u.net
FAX (407) 727-7374



BANNER RAID CONTACTS

Allemanders	Bob & Terry Danza	407-723-3956
Barefoot Bay Spinners	John Kavorkian	561-664-5534
Barefoot Bay Twirlers	Georgia Gallo	561-664-5562
Buckles & Bows	Jean Gaskins	407-892-6420
Canaveral Squares	Asa Clark/Rosalie Turner	407-633-4447
Grand Squares	Otis & Linda Lutz	407-722-1664
	danceworld@net4u.net	
Kiss-A-Me Squares	Paul & Thelma Marx	407-933-4787
Palm Bay Promenaders	Bill & Pat Ludwick	407-723-7090
Pirates (Apopka)	Tony Brownell	407-568-6254
Saturday Night Steppers	Steve Ekin	561-567-2803
Silver Squares	Mary Litwhiler	407-676-9535
Space Trackers	Andy & Esther Folley	407-631-3820
Sunshine Strollers	George Springer	561-466-7923
Treas. Coast Squares	Charles & Joyce Sweeny	407-664-5221
Wagon Wheels	Phyllis & Bob Randall	407-892-9792
Yellow Rockers	Charlie Taylor & Conway Huie	407-724-5379

Please supply your E-Mail Address to include here.

FEBRUARY NEWS FROM THE BAREFOOT BAY SPINNERS

The Spinners had a nice turnout for our first Nov. dance and business meeting. We had five squares. We are all ready for our Toys for Tots dance Dec. 6 in building "A" at 7⁰⁰. Admission is one unwrapped toy or item for tots to teens. I like to give four gifts - two for tots and two for teens. We have two banner raids scheduled. The Spinners also have new offices for 1999. The co-presidents are Hal and Marge Brooks, co-vice president's Hank and Bobbi Bollinger, Co-treasurers Ed and Ceile Ellis and Secretary Emily Bedell. Gus DuBois, who has been sick, stopped by to say he'll be back soon and also remind everyone about the welcome back dinner for the Spinners and Twirlers to be held Monday Nov. 9th. The Spinners are having an open house Nov. 12 and 19. We hope to have a big class this year.

All of these things went very well, plus we had the Spinners Christmas party which was well attended. We had enough dancers for nine squares plus two couples. The dinner was catered by Barefoot Bay Lounge manager Lorrie. It was delicious. Happy New Year to all.

Secretary Emily Bedell

YOUR KINDNESS IS REMEMBERED

The following is a part of a letter we received from the Salvation Army. We feel good knowing that we can take time from our lives to participate in something that is long lasting and meaningful. It is these acts that so very much separate the human population for the animal kingdom. It is by giving of our time and money that we can find a higher purpose in our lives.

We thank all who participated in one of the many "giving" opportunities that we have during the holiday season. It may have been in your church, at your school or in another community fund raiser that you participated. We thank God that the giving spirit is still alive and well in the hearts of the American People.

Mark your calendars now so that next year we can exceed what we did this year.

RE: YOUR LOVING DONATION OF TOYS TO THE SALVATION ARMY OF SOUTH BREVARD

My dear Mr. Lutz and caring members of the Barn Square Dance Ensemble:

On behalf of The Salvation Army of South Brevard, I want to thank you so very much for your recent, very generous donation of toys, and monetary gifts, receipt of which is hereby acknowledged ... You have no idea what a marvelous gift your donations were for our children this holiday season! It was so very thoughtful of you to remember our precious little ones in this way! Your wonderful gifts have brought many smiles of joy this season, I can assure you. Your very generous donation is both needed and so appreciated! This Christmas of 1998, we thank God that, with your help and many of our other friends in the local community, we were able to assist even more less fortunate children than last year. The total number of individuals assisted was 2,503, - with 1,338 children being given at least two toys and a stocking "stuffer apiece! On behalf of all the children receiving your wonderful gifts this coming Christmas, we thank you from the very bottom of our hearts!

To people such as these, your donations are truly an extension of God's loving hand. On behalf of our beloved children, we thank you! May God richly bless you for your compassion that lives in your hearts, and keep you in His care always.

Sincerely yours

A/Captain John D. Fuller COMMANDING OFFICER
Remember The Salvation Army in YOUR WILL.

DR. PAUL C. DURNEY

Fellow American College of Foot & Ankle Surgeons
 Diplomate American Board of Podiatric Surgery
 Board Certified in Foot & Ankle Surgery



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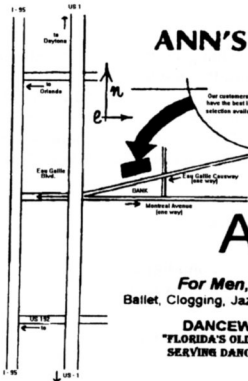
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FEBRUARY YELLOW ROCKERS NEWS



**JIM AND JANE
HART**

Hello to everyone! With January behind us now, we are hoping we won't be having much more cold weather. Whatever the weather, it is always fun to see smiling faces and dear friends ready for a fun evening of square and round dancing.

Our new class is doing very well and they have been staying for the first tip of the evening. We are so glad to have them dancing with us.

Yellow Rockers will have their Valentine Dance on Feb. 8. Don't forget the special Sweetheart Ball at the Barn on February 6. Callers will be Mac McCall, Dale McClary and Otis Lutz. See Otis to purchase your tickets, which are \$4.00 per person.

Raids and Retrievals:

We always have so much fun having visiting clubs come and dance with us. On Jan. 11 the Space Trackers came to retrieve their banner. Jan. 25 the Silver Squares came to steal our banner. Jan. 28 found us traveling to Vero Beach to visit the Orange Blossom Squares and steal their banner. Feb. 11 we will be going to the Promenaders to steal their banner and Feb. 22 the Allemanders will be retrieving their banner. Thank you Charlie for arranging such fun evenings for us.

February Birthdays:

Feb. 5	Ed Willett	Feb. 8	John Fero
Feb. 19	Charlie Taylor	Feb. 25	Phyllis Alcorn

February Anniversaries

Feb. 9 Ben and Sue Johnson

(Continued on page 25)

(Continued from page 24)

Looking Ahead: Be sure and mark your calendar for the big County Wide Square and Round Dance Picnic to be held again at the Wickham Park Pavilion, on Wickham Rd. - south side of BCC in Melbourne on March 21. This was such a fun event last year, we hope we have a big turn out for this. More about this next month.

See you in a square,

Jim and Jane Hart, Secretary
or call Juno at (800) 654-JUNO [654-5866]

(Continued from page 4)

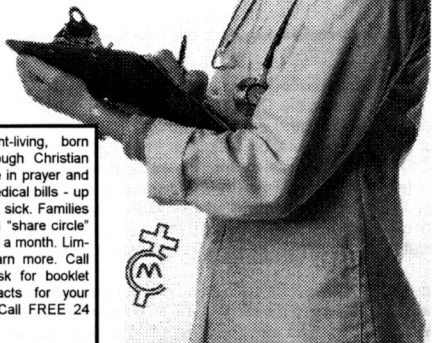
It is with great pleasure that Linda and I, and THE BARN OWL nominate Jack and Zonie for the CFA Couple Of The Year Award. We ask all readers who know Jack and Zonie to join us in this nomination. There are Couple of the Year nomination ballots at THE BARN, or can be obtained from any CFA Member. Each club is to receive a supply of these forms for your use. Please pick up one of these forms and nominate the person of your choice. We owe so much to so few in the square dance community. It is these couples that make clubs function and provide for our enjoyment. Without these couples, we would not have a square dance to attend.

We are in full swing of the season now. Large numbers of dancers are attending the dances at the local clubs. We know of no club that has not filled its slate of officers so all is well for another year. Could we possibly look upon this as an opportunity to resolve to work within the community to make them aware of the wonderful aspects of square dancing? We ask all clubs to recruit dancers to attend the classes beginning every 10 weeks at THE BARN. We have couples driving from Titusville to attend the classes. Surely they will attend dances closer to them after they learn. Our FREE classes remove another reason for them not to attend classes. With a 10 week schedule they also have another obstacle removed – that being – the classes are to long. By the time your classes begin again, we should have some dancers ready to enter the plus arena. These will be recruits for your new classes.

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Colossians 3:12

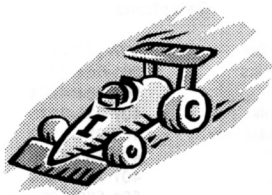


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Indianapolis, IN

June 23 – 26, 1999

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The USO Show Musical

*Featuring music from the days of the Civil War to
the days of Desert Storm*

It is **TIME** to send in your registration form if you have not already done so. Many years of planning and work by many dancers, callers, cuers, prompters, teachers and seminar presenters assure that your attendance at the '99 convention will be well rewarded. This is the **LAST** convention of the millennium! Let's all attend and it will be the greatest yet.

Registration forms are available at all clubs in the Central Florida area.

For information on any aspect of the '99 convention or to download a registration form log on to the 48th world wide web page address:

[Http://www.iei.net/48nsdc](http://www.iei.net/48nsdc)

BREVARD COUNTY CLUB PRESIDENTS

Club	President	Telephone
Allemanders	Ed & Laverne Miller	407-777-4418
Barefoot Bay Spinners	Hal & Marge Brooks	561-664-8372
Barefoot Bay Twirlers	Gus DuBois	561-664-4704
Canaveral Squares	Jean & Cecil Faulk	407-635-8125
Chain Reactors	Dale & Carolyn McClary	407-254-0150
Dixie Diamonds	Jerry & Del Reed	407-633-1306
Grand Squares	Otis & Linda Lutz	407-722-1664
Orange Blossom Sq	Betty Weckerle	561-562-5966
Palm Bay Promenaders	Don & Irene Stoderl	407-728-8516
Silver Squares	Charles and Doris Boyer	407-951-2431
Space Trackers	Giff & Shirley Crippen	407-752-5701
Yellow Rockers	Ben and Sue Johnson	407-452-4176

Please help us keep this information correct. When you change officers, or have a change for the summer, please call us with the information. We will gladly make the changes.

Linda and I are the Sew and Save chairman for the 1999 State Convention and we are looking for folks to help on this project. We need all sort of talent. We need greeters, decorators, models, demonstrators and stuff I don't even know about. If you would like to be part of the 99 convention, please contact Linda Lutz. We need a good number of workers for this project. We hope that many of you will find time to help us. The SEW & SAVE clinic will have a complete hall for us to utilize.

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COMPUTERS

This month I am going to discuss backup.

A computer is a device that receives data and acts on that data. It has a hard drive that can store a LOT of data. Most drives are in the multi Gig-a-byte now. This year will see the introduction of the 20+ gig-a-byte drives. That means it is very difficult to back up such a large drive. A floppy is 1.44 meg-a-byte, so you can see it would not make sense to try to back up a hard drive to floppies.

You do have options to making backups. You need to get a device that will allow you to make a backup of a large hard drive. There are three options now available to you. The first is a streaming tape unit that can back up large drives on a single tape. The second is a CD-RW unit that can save 650 Megs on a single platter. The third is to get a large removable media like a SyQuest or Iomega drive that can save over a gig on one cartridge.

The tape drives are not too expensive, but by their very nature, they are the least desirable for back up. They are a serial device. That means, just like your cassette tapes, they have to search from the very beginning to find what you are looking for. They are not much use for anything except backup.

Cartridge devices like the SyQuest and the Iomega are quite handy in providing backup. Their large capacity of a gig-a-byte do allow the user to backup their hard drive. The SyQuest is nearly as fast as a hard drive so backups are very fast. The Iomega are not as fast and do not have the storage capacity of the largest SyQuest but are very versatile with many utilities available. In addition, the SyQuest Co. is undergoing bankruptcy. The latest news on that question is that Iomega has bought all the assets of SyQuest so it may very well be available again. A real advantage to the cartridge devices is that they can be used every day as another storage device. They make excellent temporary storage devices for your internet download files. Storing multimedia on them allows for rapid storage and keeps the hard drive available for your software and operational programs. With the arrival of good quality digital cameras, these devices can be used as photo albums. Backing up to these devices is fast and easy. In the event of a hard drive failure, both your programs and data files can be restored fast and efficiently.

There is a saying that if you bought it a truck brought it. I like to say if a truck brought it a salesman sold it. I also know that if you bought it, it will break. That is why you need to consider backup.

(Continued on page 31)

WORD STUDY OF THE WORD

WOW – I didn't know that!!

While studying what I should write about this month, I was doing Biblical research and discovered something I had never heard of before. It was quite a surprise and I really don't know what it could possibly mean!

I had always thought that the Bible would refer to four seasons. Spring, summer, fall and winter, these are the seasons! That is what I had always thought.

Genesis 8:22 While the earth remaineth, seedtime and harvest, and cold and heat, and summer and **winter**, and day and night shall not cease.

Summer and Winter – no spring or fall. Summer – warmth and harvest. Winter – Harvest time, rainy season, spend harvest time, the winter season,

The word spring in the Bible only means to spring forth, as in spring water. Fall in the Bible means to fall, as in the fall of man. It is never used in the sense of one of the four seasons. In the Bible there are only two seasons, Summer and Winter.

Psalms 74:17 Thou hast set all the borders of the earth: thou hast made summer and **winter**.

We accept as truth so many things that are not even mentioned in the Bible that there is no wonder why there are so many religions in the world. I would have certainly thought that there were four seasons and the number four always denotes earthly things. Certainly four seasons would have been logical. Things do not always seem logical. They may be but God's ways are far above ours. We do not always understand God's purpose. God's ways and His truths are eternal.

WINTER – 5494 – STORM

SUMMER – 6972 – HARVEST, to SPEND THE SUMMER.

Our lives are like that. We are either at peace or we are in troubling times. As the Bible says it is either day or night, with no dusk or dawn, we have peace or storms. It has been said that dusk and dawn are the results of pollution in the atmosphere. Our lives are like that. Either we are in God's will for our lives or we are not. Anything else is a result of the pollution of His Word. We need to understand that many of our beliefs are NOT founded in truth but on what we have been taught to believe. Maybe some of our religious superiority stems from something that isn't true. Keep an open mind and we can learn from one another.

(Continued from page 29)

break. That is why you need to consider backup. Another good backup device is a CD recorder device.

A CD recorder or a CD re-recorder device is an outstanding backup device. Today you can store 650 meg-a-bytes on a single platter. You can get these platters nearly free from time to time. Their price being \$1.00 each when you find them on sale. The disadvantage of these devices being that you write the platter once. You can not change or update the data once it has been recorded on the platter. Of course, if it is backup programs, you do not want to change the data. If it is data that you have created you may very well want to update the data. The solution to that is to buy a CD re-recorder. As the name implies, you can erase the data and re-record the data using the same platter. The write many time platters are quite a bit more expensive. In addition the CD recorders are not as fast as the cartridge devices. I would not use them as I would a cartridge device. These devices also allow you to make copies of your music CD's. I like to make a traveling CD to take in my car on trips. I will select my favorite songs from many CD's and place them all on one CD. As you can store 650 Meg-a-bytes on one platter, you can get many more songs on one CD than on the CD's you buy at the store. I have recorded over 30 songs on one CD.

If you ever have to use these devices to restore your data into a replacement hard drive, you will need to first get your hard drive ready to have your data restored to it. That means that you will have to reinstall all the operating system as well as the drivers for the device you selected as your backup. This means that you will have to have all the drivers that came with your backup device when you bought it. Or you may just have a good internet connection to download the drivers – if the company is still in business.

Which device you use for your backup, or if you decide to use a backup is up to you. The MTBF (mean time between failure) of a hard drive is over 400,000 hrs. as there is about 8500 hrs in a year, there is over 45 years estimated between you having a failure. I have never seen a hard drive that is 45 years old. In fact I would dare say that there is no hard drive that is 25 years old. How they arrive at a number like that is through failure analysis. Is that going to do you any good? I would not bet my data on it. I have had a hard drive that is 5 years old. I have backups. I have a CD Re-writer and a SyQuest cartridge. I am glad that I have used my backup (more than once).

Remember, your equipment doesn't have to fail for you to lose your hard drive. Lots of times you can reformat your hard drive and all will be well again – except you won't have any of your data. A backup is a very important device. If you get one – use it.

MEMORIAL DANCE 1999

FEBRUARY 7, 1999

2:00 to 4:00 PM

**THE BARN
3820 Minton Road
Melbourne, FL 32904
407-722-1664**

**Featured Caller
Mac McCall**

You are invited to attend this dance with family members as we remember all those dancers who have gone to be with the Lord. Please feel free to visit Memorial Hall any time as the plaques contain those dancers who have passed on since Memorial Hall was built. The Lutz Family will be celebrating their father's and mother's life and welcome all who will to attend this Memorial Dance. There will be the traditional ice cream cake served, along with snacks and coffee and punch.

We ask for a \$5.00 donation per (dancing) couple to cover cost of refreshments.